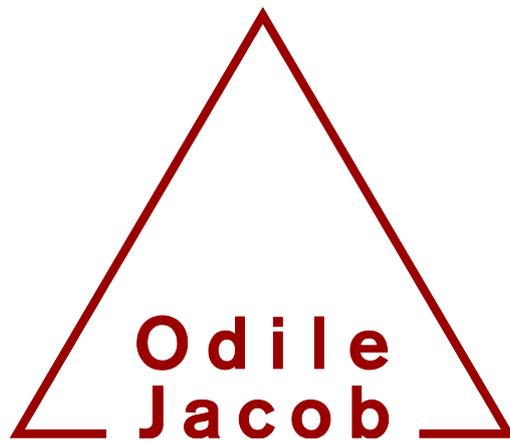


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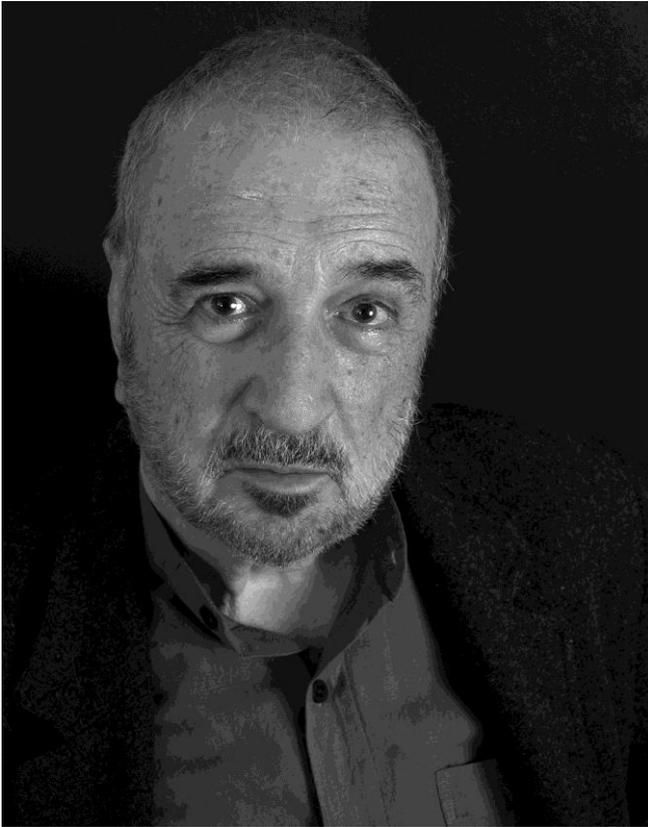
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Jean-Claude CARRIÈRE



PRAISE for previous titles:

« Since the 1960s, Carrière has had his finger on the pulse of Europe's imagination – whether unpacking a story about the universal nature of humanity from an ancient Hindu saga or capturing the neuroses just beneath the skin of the European middle classes. »

—Lisa Jardine, *The Times, Books*

«Jean-Claude Carrière likes the zigzags of thought, of chance encounters, of gusts of air. »

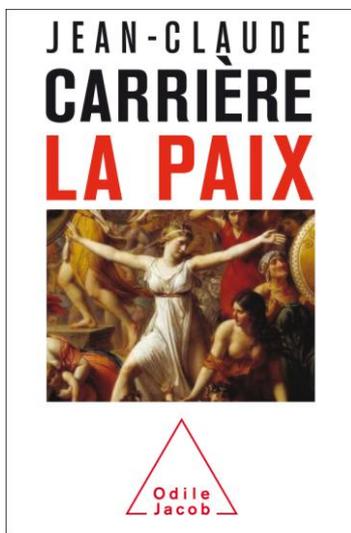
—*Le Monde*

Jean-Claude CARRIÈRE

Peace

Imagine a world at peace

Jean-Claude Carrière has had great success with, for example, *L'Argent* ("Money"), *Fragilité* ("Fragility") and *Einstein, s'il vous plaît* ("Einstein, Please"). His latest work, *Croyance* ("Belief", 2015), is a best-seller with 20,000 copies in circulation. Screenwriter for Jacques Tati and Louis Buñuel, dramatist, writer, Jean-Claude Carrière is one of the most original and significant thinkers of our time.



After money and belief, Jean-Claude Carrière confronts another essential theme of our history and of our societies. A theme that seems to have deserted our world: peace. Action, agitation, conflict, accidents and drama are the stuff of our daily lives. Novels, conversations, information — everything feeds upon the absence of peace. It makes you wonder, says Jean-Claude Carrière, if we're truly capable of making peace, and maintaining it. "Each one of us is at war. Each one of us is an unarmed soldier." And the violence which seduces certain young people, not poor and unemployed but educated and privileged, who suddenly become "radicalised", sets before us a phenomenon without precedent, a form of war which we have never known before in our history.

Why is this extremism? Why these murderous suicides? Everyone has their own explanation: social conditions, disenfranchisement, inadequate education... we have a hard time deciding. The reality is that we are stupefied. How, in these times, can we still defend clemency and moderation? Jean-Claude Carrière seeks to answer this most pressing problem of our age.

- **The reputation of Jean-Claude Carrière all of whose works, and in particular the most recent one, *Belief*, have known immense success**
- **His writing, and his erudition, and the evocative power of his arguments make his essays into unique works**
- **Peace: a positive and exacting theme, which our society needs and which is nonetheless absent from debates**

Tobie NATHAN



« One of Devereux's most eminent disciples. »

—*Philosophie Magazine*

«The Pope of ethnopsychiatry »

—*Libération*

PRAISE for his previous title, *La Nouvelle Interprétation des rêves*:

« All form of wisdom are summoned here. The great Artemidorus, Muslim treatises, Jewish thinkers, without omitting the neurobiologist Michel Juvet. [...] In this original and suggestive synthesis there are of course no keys to dream interpretation but instead a panoramic view of the 'philosophic' dream, with its wealth of life strategies. »

—*Le Canard enchaîné*

« His force is certain, as is his poetry. »

—*Sciences et avenir*

« With *La Nouvelle interprétation des rêves*, Tobie Nathan opens some original, fascinating perspectives. An apostate psychoanalyst, this pioneering ethno-psychiatrist examines current research in neurophysiology and cognitive psychology, without disowning ancient traditions – Greek, Jewish, Arab as well as African and Amerindian »

—*L'Hebdo*

« Many reasons to plunge into this fascinating, humane and mysterious book, in which the most recent findings in neurophysiology encounter the sophisticated divinatory cultures of Benin and the wisdom of the Zohar. »

—*Le Nouvel Obs*

Tobie NATHAN

The Secrets of Your Dreams

Tobie Nathan analyses your dreams

Tobie Nathan is one of most important practitioners of ethnopsychiatry. He has been professor of clinical psychology and pathology at the University of Paris-VIII and director of the Centre Georges-Devereux, author of such successes as "*A New Interpretation of Dreams*", "*The Healing Influence*", "*Love Filter*" or "*Pagan Psychoanalysis*". Illustrations by **Eloise Oddos**.



After the immense success of his work *A New Interpretation of Dreams* (circulation 50,000 copies), here is a modern manual of dream analysis.

Tobie Nathan goes further still into his exploration of dreams: basing himself in modern application of neuroscience, he offers us 35 masterly and unexpected interpretations of dreams presented to him. The book writes itself in front of our eyes as he reveals the feeling of recurrent dreams, such as dreams of anguish, of examinations and nudity, of metamorphosis...

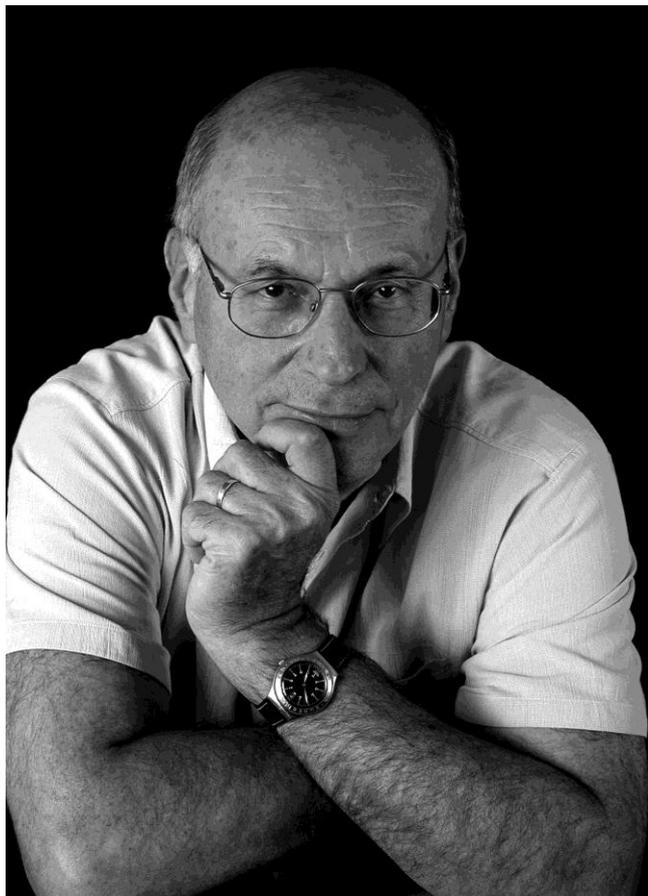
This book also offers an original vision of the secondary function of the dream: it shows that the dream is in no way reconstruction of the past, but it's always an attempt to imagine new solutions, far from our usual way of thinking.

For Tobie Nathan, every dream is the prediction and preconstruction of the future. And it is therefore of the utmost importance that we learn to interpret their message.

- Each of these case studies is illustrated by Eloise Oddos, making the book an attractive gift
- A true practical guide of the interpretation of dreams, it is concrete, precise, practicable, written by one of the most inventive French authors
- This book renews our understanding of dreams and puts the study back in its deserved place in our "rationalised" lives

Book Club licence : Le Grand Livre du Mois

Boris CYRULNIK



Boris Cyrulnik is a psychiatrist and directeur of studies at the University of Toulon. He was born in 1937 in a Jewish family. His survival of nazi destruction motivated his career into psychiatry. He is internationally famous for developing and explaining to the public the concept of Psychological resilience.

He is the author of immensely successful works, notably *Un merveilleux malheur*, *Les Vilains Petits Canards*, *Autobiographie d'un épouvantail* and *Sauve-toi, la vie t'appelle*, which all sold more than 200,000 copies.

Abroad, he has been widely translated : in the US, UK, Germany, Italy, Spain, Portugal, The Netherlands, Finland, Sweden, Denmark, Greece, Brazil, Argentina, Russia, Poland, Czech Republic, Romania, Serbia, Bulgaria, Taiwan, China, Japan, Korea!!

« Cyrulnik has healed people and countries. »

— *The Times*

« It's pointless to comment on Boris Cyrulnik's book. You must read it. Without fail. »

— *Valérie Trierweiler, Paris Match*

« Boris Cyrulnik's writing is so sensitive, so clear, that he ceases being just the brilliant neuropsychiatrist to become our brother in humanity. He deserves our thanks. »

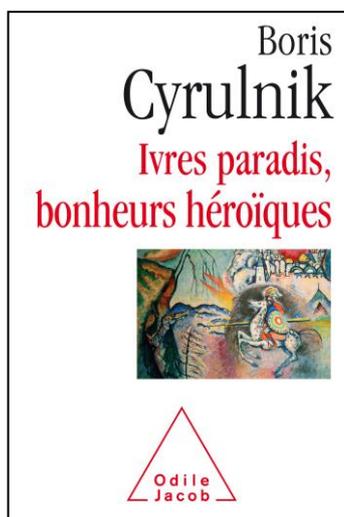
— *Psychologies magazine*

Boris CYRULNIK

Wild Paradises, Heroic Joy

Where are our heroes? A breath of fresh air from a talented writer who brings a courageous and exacting vision to these troubled times

Boris Cyrulnik is a neuropsychiatrist and director of studies at the University of Toulon. He is the author of some of Odile Jacob's biggest successes, including *Un merveilleux malheur*, *Les Vilains Petits Canards*, *Autobiographie d'un épouvantail*, *Je me souviens*, *Sauve-toi, la vie t'appelle*, which all sold over 200,000 copies, and, in 2014, *Les Âmes blessées*.



« There is no life without trial, no affection without abandon, no connection without hurt, no society without solitude. Fortunately, life is a battlefield where heroes are born: heroes who die so we can live. Our heroes show us the way, » says Boris Cyrulnik.

This book, in the vein of *Sauve-toi, la vie t'appelle*, is an extraordinary document which showcases both Boris Cyrulnik's talent as a writer and the originality of his thought. His reflection on our need for heroes reveals another dimension of the will to overcome hardship that Boris Cyrulnik teaches us to recognize and strengthen, and brings his body of work to a real conclusion.

Our heroes raise us above the blandness of days and the sadness that it we sometimes need to live through. They give our lives the pace and scale of the great epics. Our need for heroes is salutary and life-affirming.

- **An original narrative, profound and powerful, which also features very poignant passages on Nazism and the Holocaust**
- **New thinking that enriches the author's themes of attachment and resilience**

Rights sold into: ITALIAN (Carocci Editore), SPAIN (Gedisa) and GREECE (Kelethos)

Jean-Philippe LACHAUX



PRAISE for *The Brain's Balancing Act*:

« The good news is that we can strengthen our ability to concentrate. The idea is to observe spontaneous thoughts that arise, in order to recognize stray thoughts and then, make a short break to allow yourself time to consciously evaluate its real importance, so it will not captures too much of your attention. This technique is especially used in meditation, under the term 'labeling', or how to stick a label on a thought that arises spontaneously. »

—*Le Matin Dimanche*, Geneviève Comby

PRAISE for, *Le Cerveau attentif*:

« A fascinating, didactic work. »

—*Sciences Humaines*

« An original book on the mechanisms of attentiveness' »

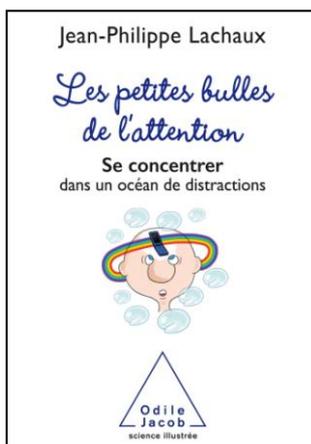
—*Sciences Humaines*

Jean-Philippe LACHAUX

Concentrate, And Your Brain Will Work For You – Understanding and Managing Attention

How can we help young children learn to concentrate?
An enjoyable comic book to learn how the brain works

Jean-Philippe Lachaux is a cognitive neuroscientist. He runs the Cognition and Cerebral Dynamics unit at the National Scientific Research Institute (INSERM), in Lyon. He is the author of *Cerveau attentif* (“Attentive Brain”, 10,000 copies) and *Cerveau funambule* (“Tightrope-Walking Brain”, 10,000 copies) both of which enjoyed great success.



How can we help children learn to concentrate? How can we get them to understand that it's not a punishment, instead, it will allow them to learn better and faster – leaving them more time to do what they please? How can you explain that by taming their energy, and focusing their attention, everything becomes easier, quicker and more fun?

That was Jean-Philippe Lachaux's mission in creating this comic book in which he explains to young people, in a simple, accessible and entertaining way, what is going on inside their heads and how to focus their attention better –

not just at school, but for all sorts of other activities, too!

- **Practical, step-by-step tools to help children learn to concentrate and focus their attention**
- **An approach based on cognitive neurosciences and tested in primary-school classes**
- **A reader-friendly book for a unique concept**

Michel AGLIETTA



Michel Aglietta is a French economist. He is world-renowned for being a specialist in international monetary economy and for his work on the functions of financial markets.

He is an emeritus Professor of Economics at the University of Paris West-Nanterre and a scientific advisor at the Center of International Studies and Forecasting (CEPII) and at France Strategy. He is also a former Member

of the Institut Universitaire de France and of the High Council of Public Finance (France).

Authoritative and highly respected, he is the author of major works published by Odile Jacob, most recently *Un New Deal pour l'Europe* (A New Deal for Europe), *La Voie chinoise. Capitalisme et empire* (The Chinese Way: Capitalism and Empire). His book "A Theory of Capitalist Regulation. The US Experience" (Odile Jacob, translated in English by Verso) laid the foundation for the Regulation theory and was received as the boldest book in its field.

He is one of the leading "unorthodox" economists who, along with André Orléans and others, advocate the integration of economics into the social sciences.

The prescience of Aglietta's views on economics is legendary. While "traditional" economists failed to see the approach of the 2008 crisis, Michel Aglietta had already, in March 2007, predicted the inevitability of crisis in the USA in his book "Désordres dans le capitalisme mondial" ("Disorder in Global Capitalism").

Is crisis about to strike again, with a "pendulum swing" in the USA?

What is the future of the dollar as currency?

For Aglietta, currency will be what saves us from climate change!

« Aglietta was one of the first to warn us of the probability of a global financial crisis...».

—*Le Monde Diplomatique*

« The financial crisis has found its biographer, and finance has found its doctor. In decades to come, economists leading us back towards a new sub-prime crisis would be well advised to start with this book. His description of the fundamental drivers of the crisis, his detailed proposals for regulation, in principle and in practice, make him an essential reference. »

—*Alternatives Economiques*

Michel AGLIETTA

Currency: Between Debt and Sovereignty

Currency as political animal

Michel Aglietta is an emeritus Professor of Economics at the University of Paris West-Nanterre and a scientific advisor at the Center of International Studies and Forecasting (CEPII) and at France Strategy. He is also a former Member of the Institut Universitaire de France and of the High Council of Public Finance (France). He is the author of major works published by Odile Jacob.

Currency is the synthesis of the author's long-term study of currency, offering new perspectives and predictions for the global economy of tomorrow. M. Aglietta shows with this book that it is not markets that are the main determinant of the economy, but currency. Because currency is not only the instrument that brings us everything we want, it is also the essential institution without which markets cannot exist.



As a link between the individual and the collective, currency is the vector that over time carries sovereign power into the economy, through its control of the financial system and, therefore, of debt. But solvency is a universal polarising goal. Mastering this ambivalence implies building and

reinforcing confidence, because the loss of confidence leads to crises that cause an upsurge in the quest for absolute solvency, paralysing activity. An essential component of society, currency cannot be understood without resorting to a multidisciplinary approach that mobilizes the tools of anthropology, history and political economics. This book travels through five thousand years of history to understand the singular phenomenon of currency and, through joint transformations of political orders and monetary systems, its relation to sovereignty. From these foundations, we can understand the phases of monetary regulation and the crises that punctuate the history of capitalism, right up to the turbulence we see in our own times.

This exceptional work opens with an exploration of the anthropological drivers that legitimize currency: what gives us confidence in a currency? It then examines its various historical forms, from the invention of writing to the present day, before questioning the ambivalence of currency — at the same time liquidity and institution — and what makes it an agent of crisis. Finally, the comparison of monetary systems in the international order raises the issue of a truly supra-national currency at a time when the dollar is the subject of many questions.

Rights Sold: ENGLISH (Verso)

Jacques DE LAROSIERE



Jacques de Larosière is a prominent actor of the world financial scene: he was the Managing Director of the International Monetary Fund for almost nine years (1978-1987), then Governor of the Banque de France (1987-1993), before becoming President of the European Bank for Reconstruction and Development (EBRD) from 1993 to 1998. He is currently an advisor to the President of BNP Paribas.

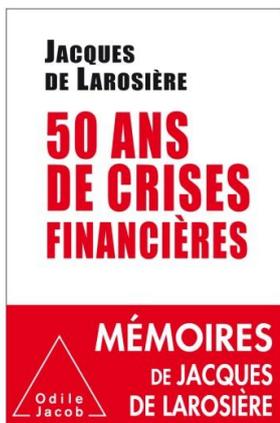
- **A key to understand the present, somewhat chaotic, situation**
- **An “inside story” of historical episodes to which Jacques de Larosière turns a critical eye: on the collapse of the Bretton Woods system in 1971, which he sees as being at the root of the current structural failings; on the creation of the IMF and its statutes which he negotiated; on the transition of the Eastern European economies; and more**

Jacques de LAROSIÈRE

50 Years of Financial Crisis

From Bretton Woods to the Lehman Brothers collapse, the true story of 50 years of financial crisis

Jacques de Larosière is a former Managing Director of the International Monetary Fund (IMF) (1978-1987), former Governor of the Banque de France (1987-1993), former President of the European Bank for Reconstruction and Development (EBRD) (1993-1998). He is an advisor to the President of BNP Paribas.



«This is the story of the financial crises that the markets always end up inflicting on those who take advantage of their innovations, their excesses and their usual laxity. The handling of these crises, often inventive, has consumed a lot more energy than their prevention or essential reform.

I had the privilege of taking part in some of these «escapes from crisis». The Latin American crisis, for example, and negotiating the adjustment programme of the IMF, and the aid to the Eastern European economies in transition.

But the picture remains gloomy. The 2007-8 crisis, with its long procession of unemployment and recession, is an extreme example of what can happen as a result of excessive debt. And the monetary policy of quantitative easing plunges me, as an observer, into a bottomless pit of questioning and doubt. »

Jacques de Larosière

- Jacques de Larosière is a first-rank player in finance and currency policy

Rights Sold: CHINA (Citic Press)

Philippe ASKENAZY



For a New Distribution of Wealth

In this fascinating and powerfully argued work, **Philippe Askenazy** poses a crucial question: how can we empower the labour force, so that everyone can get a share of the *rentier's* income? Raising the minimum wage is not enough. A new labour movement is needed. And if capital has become so exceedingly powerful, shouldn't it be broken down and weakened? Askenazy argues that our society's economic cards need to be reshuffled, and a new hand dealt to all the players.

« A publishing event! »

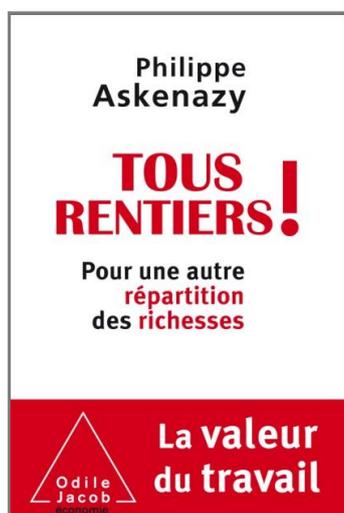
— **Marianne**

Philippe ASKENAZY

For a New Distribution of Wealth

A fascinating book and a powerful stand against growing inequality

Philippe Askenazy is a senior researcher at the French National Centre for Scientific Research (CNRS), a professor at the Paris School of Economics, and a columnist for *Le Monde*. He is the author of *Décennies aveugles* (translated into English by the University of California Press) and *Désordres du travail* (Le Seuil), which was awarded the Readers' Prize for Economics (2004). He is a leading figure of *Les Economistes Atterrés* (appalled economists), a collective that proposes alternative economic solutions.



The starting point of this book is a simple observation: despite the soaring inequality in contemporary society, the redistributive policies that could help correct it are completely stalled — and so is social democracy. Isn't such a failure a sign that we should find alternative ways of thinking and acting?

Let's suppose that instead of correcting or reducing inequality we tackled the problem at the root. Suppose that what needs reassessing is the distribution of wealth.

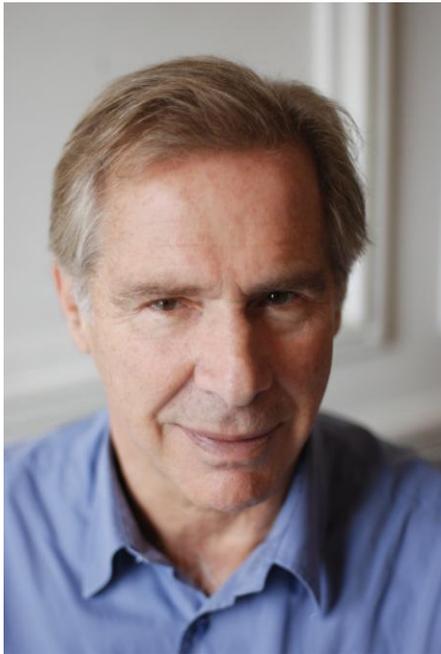
Denouncing the idea that inequality is somehow 'natural' and thus inevitable, Philippe Askenazy points out that while capitalism has been growing and thriving, labour has been lagging. And while the *rentier's* income was rising, wages stagnated, trade unions were weakened and job security lost.

A detailed analysis of rents and annuities reveals a complete restructuring of wealth. While property ownership was allegedly being democratised, we allowed business enterprises to turn human life into a form of merchandise and we made it easier for property owners to benefit from public windfalls, in order to boost the value of their investments.

In this fascinating and powerfully argued work, Ph. Askenazy poses a crucial question: how can we empower the labour force, so that everyone can get a share of the *rentier's* income? Raising the minimum wage is not enough. A new labour movement is needed. And if capital has become so exceedingly powerful, shouldn't it be broken down and weakened? Askenazy argues that our society's economic cards need to be reshuffled, and a new hand dealt to all the players.

- **Politically, this book is an appeal to all the social democracies, urging them to overcome their powerlessness and their deadly pragmatism**
- **A bold economic stance: Askenazy's rereads and rehabilitates Marx against Piketty**

Pierre-Noël GIRAUD



Today the ‘wretched of the Earth’ are the useless, the redundant. They are no longer the overexploited workers whose labour is underpaid. Instead, they are now all those whose labour-power serves little or no purpose; they are those — the unemployed, the workers with no job security, the landless peasants — who have been reduced to living on welfare, or off their families, and who have no means of improving their lot.

Such redundancy, as **Pierre-Noël Giraud** charges in this book, is the worst form of inequality, because it traps people in situations they cannot escape. The goal of this book is to understand how this system works — and to propose economic policies to eradicate it.

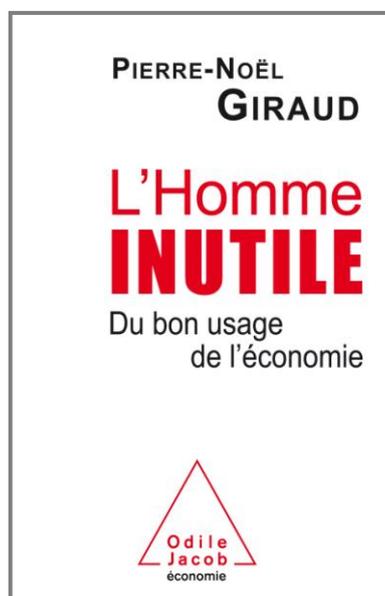
With its demanding approach and ambitious goals, this fascinating book aims to show that economics can be put to good use.

Pr. Pierre-Noël GIRAUD

Redundant People

‘Redundant people’: at the centre of our economic policies

Pr. Pierre-Noël Giraud is a professor of economics at the Paris Ecole des Mines and at the University of Paris-Dauphine. He is the author of several important works on economics, such as *L'Inégalité du monde* (1996), *Le Commerce des promesses*, Turgot Prize 2001, (new edition, 2009) and, more recently, *L'Industrie française décroche-t-elle?* (2013).



Globalisation and inequality: these are the forces that now shape the world. While inequality between states has been diminishing, inequality within nations has been rising, resulting in rapidly growing numbers of ‘redundant people’, according to Pierre-Noël Giraud. These redundant people include unemployed citizens in rich countries, as well as workers with no job security, landless peasants, and slum dwellers: all those members of society whose labour-power is of little or no value. The author’s goal is to understand the causes of redundancy and how to make them disappear.

To do this, Giraud has opened the black box of the economy. He reveals, with no holds barred, how the economy works, his methodology, goals and tools. This leads him to formulate several questions of crucial importance for the coming thirty years: has Malthus become relevant in defining how we relate to nature? How have the various globalisations — digital, business, financial — helped widen the inequality gap? Why has redundancy become such a public policy priority?

Underlining the threat posed to society by roaming economic conflicts — a consequence of globalisation — Giraud proposes here a reflection that reaches beyond mere economic issues.

- **The fate of ‘redundant people’ in a globalised world, the division of labour between nomadic and sedentary jobs, the new forms of economic conflicts: these are some of the highly relevant issues for our time that are examined here**
- **Pierre-Noël Giraud invites the reader to think like an economist, by examining hypotheses and criticising them, by distinguishing between analysis and the goals of political economy. What Giraud shows us here is the very opposite of what the mass media tell us**

Stephen BREYER



Stephen Breyer is one of the most powerful judges in the US: he is an Associate Justice of the United States Supreme Court.

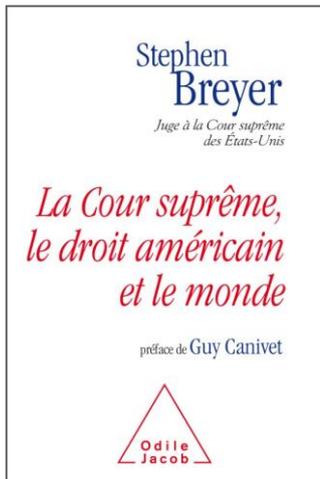
Appointed by President Bill Clinton in 1994, and known for his pragmatic approach to constitutional law, S. Breyer is generally associated with the more liberal side of the Court.

Stephen Breyer became well known as a law professor and lecturer at Harvard Law School. He held other prominent positions before being nominated for the Supreme Court, including special assistant to the United States Assistant Attorney General for Antitrust, and assistant special prosecutor on the Watergate Special Prosecution Force in 1973.

Stephen BREYER

The Court And The World

Stephen Breyer is one of the most powerful judges in the US: he is an Associate Justice of the United States Supreme Court. Appointed by President Bill Clinton in 1994, and known for his pragmatic approach to constitutional law, Breyer is generally associated with the more liberal side of the Court.



In an increasingly interconnected world, having to face shared and new challenges, notably in the security, competition law, family or intellectual property fields, how should we organize the globalization of the law to answer these new goals, and which is the role of the US Supreme Court?

These are the questions Justice Breyer answers in his new book.

Justice Breyer shows here that as the world has grown steadily "smaller," the Court's horizons have inevitably expanded: it has been obliged to consider a great many more matters that now cross borders.

What is the geographical reach of an American statute concerning, say, securities fraud, antitrust violations, or copyright protections? And in deciding such matters, can the Court interpret American laws so that they might work more efficiently with similar laws in other nations?

Justice Breyer describes how the aim of cultivating such harmony with other jurisdictions, as well as the expansion of the rule of law overall, has drawn American jurists into the relatively new role of "constitutional diplomats".

- **Written with unique authority and perspective, "The Court and the World" reveals an emergent reality that affects the life of every one of us**
- **A very original, far-reaching, and timely book!**

**Rights Available: ITALIAN and
GERMAN**

Pr. David KHAYAT



« An international leader in the fight against cancer »

« David Khayat, MD, PhD, received the **2011 Distinguished Achievement Award** in recognition of his clinical and research work and his role in promoting oncology care in his home country. »

« Dr. Khayat has been instrumental in transforming cancer care in France and advising other nations seeking to improve the care of patients with cancer. He was Co-Founder of the World Summit Against Cancer in 2000, an event at which more than 100 international political, corporate, and nonprofit organization leaders reaffirmed their commitment to the global eradication of cancer by signing the Charter of Paris Against Cancer. Numerous countries went on to develop their own national cancer plans, for which many sought out Dr. Khayat as an advisor. »

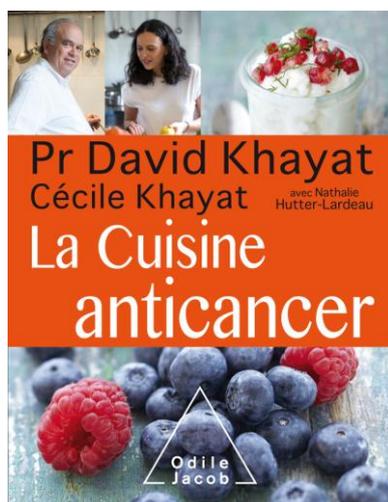
— **ASCO, the American Society of Clinical Oncology**

Pr. David KHAYAT, Cécile KHAYAT, Nathalie HUTTER-LARDEAU

Anti-Cancer Cooking

Everyday cooking to prevent cancer

Pr. David Khayat is Head of Oncology at La Pitié-Salpêtrière hospital, Paris, and a Professor at Pierre-et-Marie-Curie university. His previous works published by Editions Odile Jacob have been bookstore successes. This book is co-authored with his daughter, **Cécile Khayat**, who created and prepared the recipes, and **Nathalie Hutter-Lardeau** adds her expertise as a nutrition specialist.



Professor Khayat's previous book *Prévenir le cancer, ça dépend aussi de vous* ("Preventing Cancer: It Depends On You, Too"), examined the items in our diet that should be prioritized, or excluded, in order to give us better odds in limiting the risk of cancer.

In this new book, David Khayat has worked with his daughter Cécile, an outstanding young chef, to bring us a true anti-cancer cuisine that we can use every day. Knowing about how to limit cancer risks is good. Knowing what to do with that knowledge is even better. And it starts with what we put on our plates every day.

These are simple everyday choices, small gestures which together can produce effects that bring a positive benefit to our health.

A truly practical guide to everyday cooking, this book features detailed information of the benefits and the nutritional and anti-cancer properties of 60 ingredients — how to choose them, combine them, prepare and cook them; and 120 diverse and seasonal recipes that make special use of an ingredient chosen for its anti-cancer benefits.

- **A healthy, tasty and convivial style of cooking that is easy to prepare and fits with the tastes and constraints of modern living.**
- **Information on familiar and some less familiar foods with recognized anti-cancer properties**
- **More than 200 illustrations. 400 pages. A clear and accessible style and a message of hope**

Rights sold: SPAIN (Grijalbo)

Élisa BRUNE



An essayist and science journalist, **Élisa Brune** is the author of the bestseller *Le Secret des femmes*, which sold more than 100,000 copies. This is the book that changed the way female sexuality is discussed in the European media; it was followed by *La Révolution du plaisir féminin* and *Le Salon des confidences* which were also major successes.

In addition, Brune is the author of several novels and has received in 2011 the Thyde Monnier book award by la Société des Gens de Lettres.

PRAISE for her previous publications:

« As the pocket Diderot of female sexuality, this enthusiastic young woman has just published a veritable encyclopaedia. A book that belongs on every bookshelf. »

—*Elle*

« And that's where Elisa Brune's talent lies. With her extremely precise descriptions and vivid imagery, she scrupulously transmits, questions, surprises herself and — sometimes — laughs in the face of such a pedagogical obsession. »

—*Paris Match*

« With a sense of humour that is never overpowering, Elisa Brune, 45, takes us from a libertines' club to a dominatrix's den, from the consulting room of a surgeon who repairs excisions to the lab of a specialist in fetishism among female rats. »

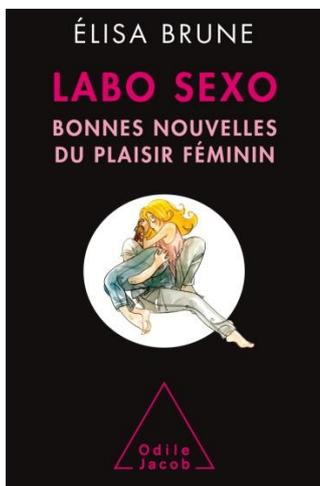
—*L'Express*

Élisa BRUNE

The Sex Lab: Good News for Female Sexual Enjoyment

Everything you ever wanted to know about female sexual pleasure in 80 (short) chapters

Élisa Brune, an essayist and science journalist, is the author of such highly successful books as *Le Secret des femmes* (co-authored with Yves Ferroul) and *La Révolution du plaisir féminin*, both published by Editions Odile Jacob. In addition, she is the co-author, with Jean-Pierre Luminet, of *Bonnes nouvelles des étoiles*.



Female sexual pleasure is an inexhaustible subject, and Élisa Brune has become a recognised expert on female sexuality. A talented writer whose goal is to inform women about their sexuality, Brune has succeeded in broadening our knowledge of the subject, so that men and women can find greater harmony.

Divided into 80 short chapters, each presented in the form of a short story or as a personal account for easy identification, the book provides a complete review of all the recent findings that can help women become aware of and fulfil their sexual potential.

Sex drive, libido, orgasm, sexual fantasies, pleasure, G-spot, the erotic self, stimuli, the sexual brain: there are many recent findings that can help women discover new possibilities.

- **An accessible approach to recent research on female sexuality and sexual enjoyment**
- **A lively, alert, well-written book, whose humour never undermines the author's serious goal: to inform, help and empower women**
- **Each short chapter is accompanied by an illustration**
- **Sexuality can be seen as a measure of a society's cultural development: enhancing our knowledge of sexuality is a sign of progress**

Book Club licence : Le Grand Livre du Mois

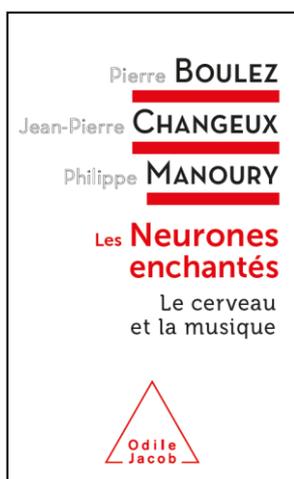
Pierre BOULEZ & Jean-Pierre CHANGEUX

The Enchanted Neurons: The Brain And The Music

A unique event: two major intellectuals of our time discuss the links between the neurosciences and music

Jean-Pierre Changeux is an honorary professor at the Collège de France, a member of the Académie des Sciences, and one of the most eminent contemporary neuroscientists. He has authored numerous works: *Raison et plaisir* ("Reason and Pleasure", 1994, 15000 copies sold); *Matière et pensée* ("Matter and Thought", 1989, 31000 copies); *La Nature et la Règle* ("Nature and Control", 1998, 31000 copies), *L'Homme de vérité* ("The Man of Truth", 2002, 20000 copies) and *Du vrai du beau du bien* ("From Truth to Beauty to Good", 2008, 15000 copies).

Pierre Boulez is a conductor and composer (*Le Marteau sans maître*) and the founder of France's renowned Institute for Research and Coordination in Acoustics and Music (Ircam). He is recognised as a leading twentieth-century creator and a foremost thinker in the musical domain. From 1976 to 1995, he held the chair of 'Invention, Technique and Language' at the Collège de France.



Scientific advances in medicine, biology and the neurosciences during the past thirty years have revolutionised our understanding of how the nervous system, and particularly the human brain, functions.

One of the major challenges of this century will be to understand the relations between the elementary building blocks of the brain and such complex activities as the perception of beauty and artistic creation.

What is music? What is a work of art? Does it make sense to talk about the neuroscience of art? How could it be researched? These are some of the questions that are discussed here by an artist, for whom theoretical questions have always been essential, and a scientist, for whom the brain is a privileged research subject.

- **Jean-Pierre Changeux and Pierre Boulez: two major intellectuals in the arts and in science.**
- **A book to help us understand the magic of the workings of the human brain.**

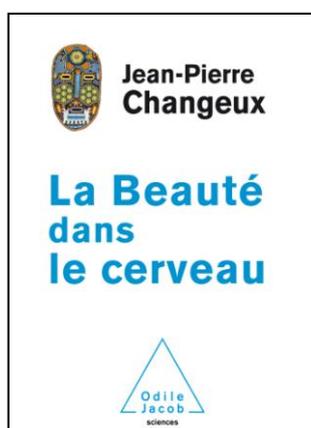
Rights sold into: ITALIAN (Carocci Editore), SPAIN (Gedisa) and GREECE (Kelefhos)

Jean-Pierre CHANGEUX

The Beauty in the Brain

A new neurobiology of art

Jean-Pierre Changeux is an honorary professor at the Collège de France, a member of the Académie des Sciences, and one of the most eminent contemporary neuroscientists. He has authored numerous works: *Raison et plaisir* ("Reason and Pleasure", 1994, 15000 copies sold); *Matière et pensée* ("Matter and Thought", 1989, 31000 copies); *La Nature et la Règle* ("Nature and Control", 1998, 31000 copies), *L'Homme de vérité* ("The Man of Truth", 2002, 20000 copies) and *Du vrai du beau du bien* ("From Truth to Beauty to Good", 2008, 15000 copies).



A masterpiece does not simply spring from the loins of Jupiter, as the Sistine Chapel shows: it can call for many years of reflection, of trial and error. This is an important area in current neurobiological research: understanding the neural mechanisms involved in the appreciation of the harmony of parts with the whole, in music as in painting.

In this book which follows *Raison et Plaisir* ("Reason and Pleasure"), Jean-Pierre Changeux combines his immense artistic culture and his knowledge of the most modern neuroscience techniques and sheds light on the creative process.

"Jean-Pierre Changeux is one of those rare spirits who both challenge and unify."
L'Express

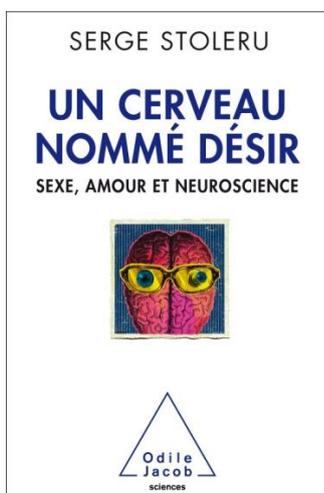
- **A text containing ideas that are entirely new**
- **Illustrated with many original case studies from the arts and sciences**

Serge STOLÉRU

A Brain Named Desire

Neuroscience, sex and love

Serge Stoléru is a doctor of medicine and psychology, Head of Research at Inserm-Hôpital Paul Brousse in Villejuif, south of Paris. He is one of the first researchers to investigate the neurobiological causes of love and sexual desire.



How does desire work? Does the brain play a role in the passion of love? What are the cerebral causes of sexual desire? With advances in neuroscience it is now possible to understand how our brain processes the signals that drive our sexuality.

Written by Serge Stoléru after eight years of research, this book traces how by using functional neuroimaging techniques scientists have managed to understand the parts of the brain that become active when we feel sexual desire or amorous passion.

The stakes are high because these questions touch upon not only the desires of those who feel fulfilled in their sexual and emotional lives, but also those of men and women who suffer from inhibitions or who, inversely, suffer from real sexual

addictions.

In addition, this knowledge sheds light on certain social and legal problems such as sexually-motivated attacks, and we know how frequent they are and how much suffering they cause. If sexual desire is caused by brain function, where does moral and legal responsibility lie? What is free will in respect to sexual desire? Can neuroscience illuminate judicial debate? Finally, what freedom do we have in the face of our own desires?

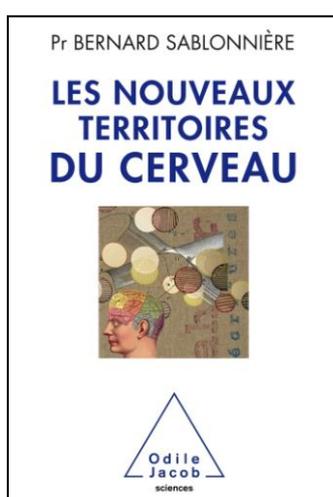
- **A lively and accessible text, illustrated by numerous actual scientific experiments**
- **A synthesis of knowledge about the way in which our brain handles sexual information, starting with the first sight of a person judged attractive and ending with the behavioural response — or with the inhibition of that response**
- **This book follows the route that has led to a better understanding of sexual desire and love: from psychology to neuroscience, passing through attachment theory, ethnology and the theory of evolution**
- **The author proposes an original theory, taken up by numerous scientists, on the workings of the different components of sexual excitation — attraction, desire, emotion and physical responses**

Pr Bernard SABLONNIÈRE

The New Territories of the Brain

Everything we now know about the brain and how to maintain it

Bernard Sablonnière is a medical biologist, professor of molecular biology at the University of Lille II, and a researcher at INSERM specializing in neuro-degenerative diseases. He also wrote *Le Cerveau — Les Clés de son développement et de sa longévité* (“The Brain — The keys to its Development and Longevity”) (Odile Jacob).



Think, decide, adapt, feel, love: all this can only be done by the brain. Long shrouded in mystery, in the last few decades it has started to reveal many of its secrets.

Bernard Sablonnière’s work invites us to an exploration of our brain, from its first descriptions by Hippocrates to the Human Brain Project which aims to simulate and model operation by a super computer.

From memory to “musical chills”, from empathy to mental arithmetic, the entire brain mechanism is revealed here, with encouragement to develop its capacities more effectively, be it through training, diet or learning. Because our brain is unique, each neuronal connection being modulated and adjusted to our environment. Its neuroplasticity, that is to say its ability to form new neurones, is an incredible resource, still poorly understood.

A complete description of the brain, this book also corrects many misconceptions, such as the difference between the male and female brains or the “good head for maths”, and addresses some persistent mysteries, such as creative genius, intuition, dreams or love at first sight.

- **A clear account of how the brain functions and the progress made by science**
- **The brain explained in accessible language, and illustrated with clear and simple examples**
- **This book shows how to preserve the brain, improve its capacity, and make it one of the key factors of well-being**

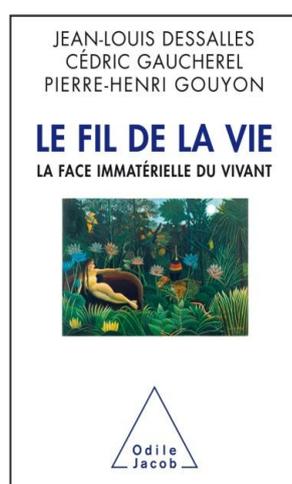
Pierre-Henri GOUYON, Jean-Louis DESSALLES & Cédric GAUCHEREL

The Thread of life: the immaterial side of existence

A new theory life

Pierre-Henri Gouyon is a biologist, one of the most brilliant specialists in evolutionary science, genetics and ecology. A researcher and professor at the Museum of Natural History, he is particularly known for his work *Le Principe de précaution*, published in 2000.

Jean-Louis Dessalles is a researcher in artificial intelligence and cognitive science. He is particularly known for his original contribution to the theory of simplicity and the origin of language. **Cédric Gaucherel** is an astrophysicist, a member of INRA, and a specialist in the study of ecosystems, dynamics of populations and landscapes. He is Director of the Department of Ecology at the Institut Français de Pondichéry.



What is life made of? What is the substance of it? When a living thing dies, what endures and continues among the living? What makes an ecosystem, an animal population, a human culture, have a memory that far exceeds the duration of the lives that compose it?

To these fundamental questions, this book provides an original scientific answer: the thread of life, the one that runs through all beings, from our distant amphibian ancestors to us modern human beings, is not material: it is a message. An inherited message that is built up from generation to generation, whose imprint is on the DNA of our chromosomes but which is also expressed through the way we live and talk.

Although not material, this thread of life affects our existence and that of our descendants; it evolves and changes. It is the very structure of the living, the warp threads on which are woven our lives.

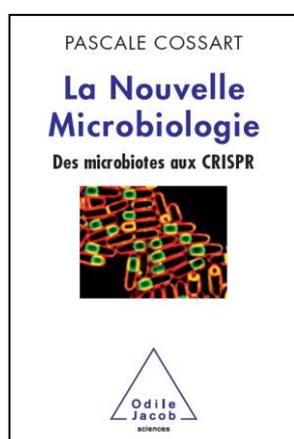
- **A true revolution in the understanding of life, the thesis put forward here is based on the scientific concept of information, the operation of detection and reading carried out by every living being**
- **Original and innovative, this previously unpublished thesis explains life, its unity and its continuity**

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Pascale COSSART

The New Microbiology

Pascale Cossart, a microbiologist and a cellular biologist, heads a research unit at the Institut Pasteur. For nearly thirty years, her research interest has focused on bacterial infections. Thanks to her pioneering work and to her multidisciplinary approach, based primarily on the techniques of cellular biology, **Pascale Cossart created a new discipline known as 'cellular microbiology'**, and revealed the numerous strategies utilised by bacteria in the course of infections. She was recently elected Permanent Secretary of the French Academy of Sciences.



Bacteria are present everywhere, on land, in the sea, on vegetation, but also in the various parts of the human body, and particularly in the intestinal tract and on the skin. Bacteria live in highly complex communities whose make-up varies depending on nutrition, age, etc.

If most bacteria are beneficial, some of them can cause obesity or diabetes. Others can even trigger the reappearance of serious diseases that had disappeared from industrialised nations and which have become resistant to antibiotics.

What are the consequences of this unprecedented resistance? Are there new ways of combating bacteria? What solutions are now proposed?

- **New essential data about the life of bacteria, their resistance to antibiotics, interbacterial communication, etc**
- **Bacteria can also act as a tools: an overview of the numerous applications, and the inescapable repercussions on our health, our diet and the environment**

Rights sold into: ENGLISH (American Society for Microbiology) and JAPAN (Nobuko Izumi)

Jacques TASSIN

What Do Plants Think About?

The secret life of plants

Jacques Tassin carries out research in plant ecology at the CIRAD (International Centre for Agricultural Research for Development). He has written several books and over a hundred scientific articles.



Immobile, passive, insensitive, plants are paradoxical beings: essential to our survival, from salad to carpentry, but also strangely resonant with many ancestral fears. From the attachment many people have to their houseplants to the veritable taboo that has grown up around the Amazon rain forest, the plant kingdom is both materially and symbolically indispensable to us.

Botany has recently made decisive advances in understanding what plants perceive of the world around them, of others of their own species and of their predators. Unlike animals, which are focused on themselves, plants are all about exteriority.

Despite being rooted in place, not only are plants able to move, on a time frame that is not like ours, but they are sensitive to both light and touch. Plants talk to each other, and have exchanges with the entire animal kingdom for the sake of pollination. Plants are not individuals, but instead are extended by others...

This book invites us to discover the inner world of plants. It is a radically different world from our own, but an extraordinarily precious one: without the miracle of photosynthesis to which plants hold the secret, creating living matter from air, water and light, all animal life — including human life — would be impossible.

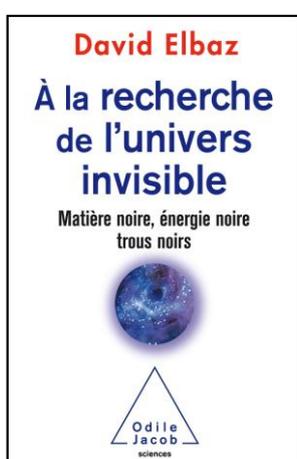
- **There are so many plant lovers out there. This book is the perfect opportunity for them to discover the hidden side of plant life**
- **A concise, well-informed and up-to-date overview of recent botanical research**
- **Like a cross between Francis Hallé's *In Praise of Plants* and Jean-Marie Pelt's *Nature's Secret Languages***

David ELBAZ

Another Way of Looking at the Universe

The art of seeing the invisible

Astrophysicist **David Elbaz** runs the "Cosmology and Evolution of the Galaxies" lab at the French Atomic Energy Commission. He has also written the scripts for several documentaries and shows, and has had two scientific novels published by Odile Jacob: *Le Vase de Pépi* ("Pépi's Vase", 2007) and *Alice Tao se souvint du future* ("And Alice Tao Remembered the Future", 2010).



After the stupefying advances made in the last century – the discovery of the Big Bang and of the expansion of the universe – is cosmology losing sight of the object of its study? The advent of "dark matter" (invisible, but necessary to explain the movements of the galaxies), of "dark energy" (imperceptible, but indispensable for the acceleration of that expansion), and of those famous "black holes" (which make normal matter disappear like a rabbit going back into a magician's hat) create an image of an elusive universe, a growing part of which escapes our observation.

Shedding light on what he calls "the dark triad of our own ignorance," the author is looking for the issues that could shield the universe from our gaze. Is matter really missing? Are our observations incorrect? Are we seeing in just three dimensions a "holographic universe" that actually contains superior ones? This reader-friendly book, which presents critical issues in today's cosmology, really does offer another way of looking at the universe.

- **An overview of the major issues in astrophysics and cosmology**
- **"Dark" matter and energy are undetectable: either they don't in fact exist, or we don't know how to see them...**
- **Above and beyond the astrophysical phenomena themselves, this book offers epistemological reflections that are only rarely addressed**

Henri KORN

Promised Lands

From a childhood under the Nazi occupation to great scientific discoveries: a life of passionate curiosity in which nothing is predetermined.

Henri Korn is a neurobiologist, a world-renowned specialist in neuronal transmission of information. He is Honorary Professor at the Institut Pasteur, Directeur Emeritus of Research at Inserm, and a member of the Academy des Sciences.



Memoir, intellectual and spiritual autobiography, this book charts the life of an exceptional man of knowledge, whose life was marked by the horrors of the occupation and deportation, but also driven by enthusiasm and scientific discoveries.

Henri Korn is one of the world's recognised authorities on neuronal communication, a key factor in the process of learning and memory.

In this flamboyantly-written book he tells us what led him to become the man and the neurobiologist that he is: the son of a communist father and artist mother, he spent a childhood overshadowed by antisemitism in Vichy France before embarking on pioneering work in medicine and neurobiology, specialising in information transmission via the nervous system, then engaging in politics beside François Mitterrand...

He shows how personal life and scientific research are closely entwined. In the brain, as in our personal journeys, nothing is predetermined: unpredictability is part of the weave of our lives, as it is in our brain function.

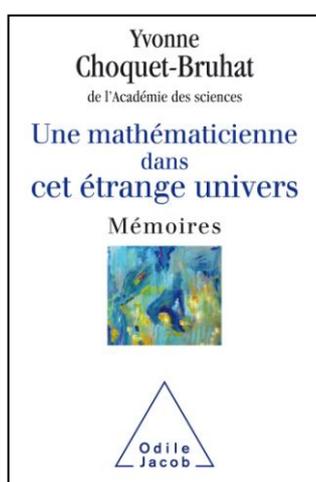
- **An outstanding account by a scientist with strong intellectual and spiritual convictions.**
- **A work that allows us to understand how a scientific career develops.**
- **An original collection of memoirs, mixing scientific thought, personal memories and political engagement, bringing to life the period of occupied France.**
- **A powerful book, written with stunning sincerity.**

Yvonne CHOQUET-BRUHAT

A Female Mathematician in This Strange Universe

The first woman elected to the Academy of Sciences

Yvonne Choquet-Bruhat is a mathematician and physicist. Her area of research is at the very frontier between mathematics and physics. She has created new mathematical methods that have provided a solid basis for the study of several physical theories: the theory of general relativity, relativistic hydrodynamics, non-abelian gauge theory, supergravity theory, etc.



Yvonne Choquet-Bruhat is an exceptional mathematician, internationally recognised for creating new mathematical methods which have provided a solid basis for the study of several physical theories.

Her researches cover a wide range of knowledge, from the first mathematical proof of the existence of solutions to Einstein's relativity theory of gravitation to a study of the conversion of electromagnetic waves into gravitational waves (or the inverse) in proximity to a black hole.

"As soon as my sense of reasoning awakened, I wanted to understand something of this strange universe where we live, and what human beings do with it — especially me. I have flirted with various areas of knowledge: natural sciences, physics, history, philosophy. Finally, I became I finally became a mathematician working on the problems created by physics. As every scientist has found, any discovery — even a tiny one — is always a great joy, like discovering uncharted land."

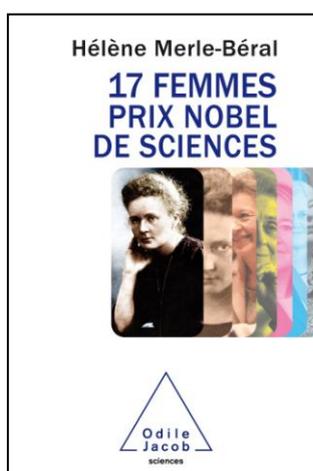
- **The first woman elected to the Academy of Sciences, Yvonne Choquet-Bruhat is one of the greatest mathematicians and physicists of our time. With this book she brings us a very personal account where private life mixes with scientific discovery and the broad sweep of history**

Hélène MERLE-BÉRAL

17 Women Who Won the Nobel Prize for Science

This book spotlights the often surprising stories of these women who have achieved excellence and eminence in a still male-dominated environment.

Hélène Merle-Béral is a doctor, Professor of Hæmatology at the University Pierre & Marie Curie Paris VI. She was previously Head of the Department of Biological Hematology at the Pitié-Salpêtrière hospital, Paris.



17 exceptional women have seen their scientific work rewarded with the Nobel Prize.

The first was Marie Curie, in 1903 (Physics) and 1911 (Chemistry), followed in 1935 by her daughter Irène Joliot-Curie (Chemistry), but other women have remained in the shadows. We know the biologists Françoise Barré-Sinoussi, prizewinner in 2008, Barbara McClintock (1983) and Rita Levi-Montalcini (1986), but who has ever heard of Linda Bach, Ada Yonath, Elisabeth Blackburn or You You Tu?

Where does their curiosity spring from? How do they reconcile scientific research and family life? How have they been treated by the scientific world?

Far from offering some kind of composite portrait of a Nobel Prize-winning woman, this is very lively series of biographies draws a picture of the diversity of personalities and social origins who have one thing in common: a fierce independence of spirit and an overwhelming sense of perseverance that beats all odds.

- **When the laboratory doors are open to them, women are at least as brilliant as men. Even if we are still far from parity (5% of Nobel Prizes), the number of prize-winning women continues to grow**
- **An all-new theme**
- **An opportunity to discover, beyond the atypical case of Marie Curie — the exception that proves the rule — some fascinating scientific case studies**

Dr Jean JURAS & Alain BOURCIER

The Perineum Dialogues

Lifting the veil on perineal disorders

Dr Jean Juras is a radiologist, specialized in women's health examinations.

Alain P. Bourcier is a therapist who specializes in pelvic-floor therapy.



In the past, urinary incontinence was an issue affecting the elderly, generally those living in institutions. As for “organ slippage,” it too was seen as being related to aging, hard physical labour or having given birth to a large number of children.

Nowadays, female patients have changed: on average, they are now quite young. It is the same for men, who can also be subjected to urinary or sexual issues, because men have a perineum too!

Minimizing the emotional impact of these situations, which affect so many people's quality of life, is the main purpose of this book. The other is to enable everyone to better understand the origins of these disorders and, above all, to find out about

possible treatments.

What makes this book so innovative is that it brings together all sorts of pelvic-floor disorders in an unusual way: with anecdotes from daily life that portray the range of issues encountered by both women and men.

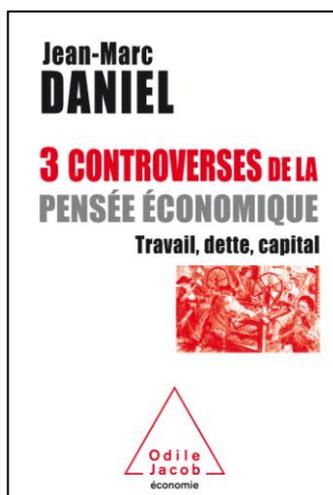
- **A subject that can be hard to discuss, and a light-hearted yet well-documented way of addressing a taboo**
- **Aimed at both women and men**
- **Perineal issues after giving birth, after cancer treatments, in old age, after treatment for prostate cancer, etc...**

Jean-Marc DANIEL

Three Arguments in Economic Thinking

Work, capital, time: three key notions in economics, three arguments central to economic thinking

Jean-Marc Daniel is Professor of Economics at ESCP-Europe-Paris and heads a course at the École des Mines, Paris. He is a specialist in the history of economic thought and of political economy. He is a columnist on *Le Monde* and on the morning show on BFM Radio, and author of *Eight Lessons in Economic History* (10000 copies in circulation).



Jean-Marc Daniel recounts his arguments with the talent and flair he is famous for, highlighting the points that are still, today, at the heart of the economic debate:

How can work be evaluated? According to its cost or to the utility of the goods (or service) produced? In the 19th century war raged between the disciples of Ricardo (including Karl Marx) and neo-classical economists. Then came the problem of Luddism, arising from the replacement of human labour by machine, followed by the problem of the disappearance of work.

In the 1950s, war broke out between the two Cambridge factions: What is capital and can it be measured? The question — the determinate question — raised that of profit. Its continuation, with Thomas Piketty's book, is analysed here in the light of lessons drawn from controversies that have not yet settled.

"In the long term, we shall all be dead" declared Keynes in defence of the role of public debt. To which Tinbergen, the first Nobel economics laureate, retorted that the role of the state is not to satisfy immediate need but to provide for the long term. This signalled a return to a controversy opened in 1938, one which still illuminates current debate on the politics of austerity.

- **Each argument is presented in its historical context, with its most significant episodes and its foremost players. This is far from a cold and theoretical volume of economic theory**
- **Constant flashbacks between past and present favour a clear view of current economics, allowing a profound understanding of the debates in progress**

Jean-François GAYRAUD

The Art of Financial War

Finance is waging a war of encroachment against populations and states

Jean-François Gayraud has conquered a wide audience with *Le Monde des mafias*, *La Grande Fraude*, *Géo-stratégie du crime* and *Le Nouveau Capitalisme criminel*, all published by Odile Jacob. A senior official of the National Police and a Doctor of Law, he is a graduate of the Institute of Political Studies in Paris and the Paris Institute of Criminology.



In this short and powerful pamphlet, Jean-François Gayraud exposes the war waged by finance against states and peoples. A war of encroachment which is based, he says, on the migration of capital, responsibilities, debt and populations, and thrives on the increasingly blurred distinction between legal and illegal.

This new conflict is revealed in the fraudulent activity committed by finance, with total impunity, since the 1980s: laundering drug money, tax evasion, manipulation of exchange rates, the proliferation of fraudulent loans, bad investment advice, and so on.

You don't need a crystal ball to see finance continuing with ease in its unopposed advance, working at its dual purpose making a digitized and share-owning world. Thus, with social and economic policy ever more integrated in a digital-financial alchemy, we will see the algorithm programmers and their masters confirmed as true lords of the ice age that lies ahead..." — Jean-François Gayraud

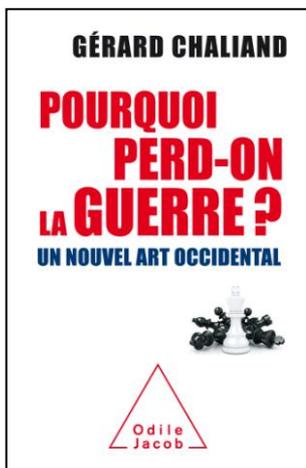
- **A sharp writer and a real talent as pamphleteer**
- **A profound analysis of the unbridled power of finance**

G rard CHALIAND

Why Do We Lose Wars?

Learning from the military failures of the West and rethink war

G rard Chaliand specializes in strategic issues and asymmetric conflicts. He has contributed to the revival of geopolitics and the understanding of non-Western military strategies. He is the author of *Guerres et civilisations* ("Wars and Civilizations"), *Deux mille ans de chr tient s* ("Two Thousand Years of Christian Communities") and *L'H ritage occidental* ("The Western Heritage"), all published by Editions Odile Jacob.



"Why don't Western countries know how to win wars any more? Yesterday, our opponents were divided, deprived of external support and sanctuary, and knew little about us. We hit them hard and public opinion was proud of our success.

"Now, our opponents have external support, they have sanctuary, and above all they understand us and how to exploit our public opinion. The Vietnam War was lost with the launch of the 1968 Tet Offensive, which to the Viet Minh was a military failure but a psychological triumph. In 1991, when the international coalition led by the US went to war against Saddam Hussein, CNN dominated media coverage. Today, it is Islamic State that

dominates social networks and sets the tone in making a spectacle of horror," says G rard Chaliand.

From Vietnam to Afghanistan, from Iraq to Syria, via Libya, G rard Chaliand analyses our successive failures and shows what they have in common. Without jargon, he calls for an awakening of conscience so that Western strategies can rediscover their effectiveness and coherence.

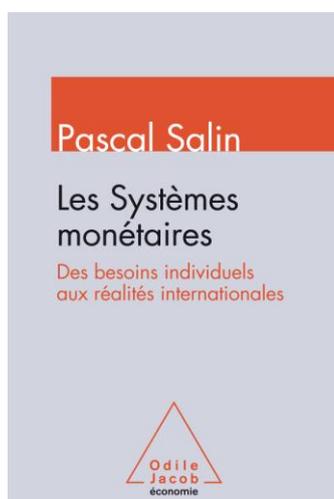
- **Why do not we manage to defeat Daesh? Would sending in ground troops be a solution?**
- **What mistakes should we avoid repeating in order not to reproduce the American scenario? There are so many questions on which G rard Chaliand brings firm grounds for reflection.**
- **G rard Chaliand combines local knowledge, particularly of the Middle East where he travels extensively, with a broad geopolitical overview.**

Pascal SALIN

Monetary Systems

From individual needs to international realities

Pascal Salin Professor Emeritus at Paris-Dauphine University, specializes in monetary theory and is a former president of the Mont Pelerin Society.



Should Greece be required to leave the eurozone? Is it central banks' role to produce monetary currency in order to stimulate economic activity? Does the international monetary system need to be reformed?

Only an enlightened understanding of how monetary systems work enables an efficient answer to these questions. The purpose of this book is to provide the necessary keys to that understanding. Starting from fundamental monetary concepts and from individuals' actual behaviour in terms of money, it gradually composes an analysis of different monetary systems as well as of the international monetary system in a way that is both precise and reader-friendly.

Extremely instructive, preferring quality to quantity for references, it will enable anyone – from leaders to ordinary citizens – to avoid the most common errors in monetary terms, and to have an informed opinion on the main monetary issues, from European monetary integration to the impact of the internet and the emergence of new currencies.

- **Currencies, and the reform of monetary systems, are a subject of growing importance on both the economic scene and the electoral one**
- **Mistakes and misinterpretations are frequent – even among policy-makers – making this book's instructive approach all the more helpful and necessary**

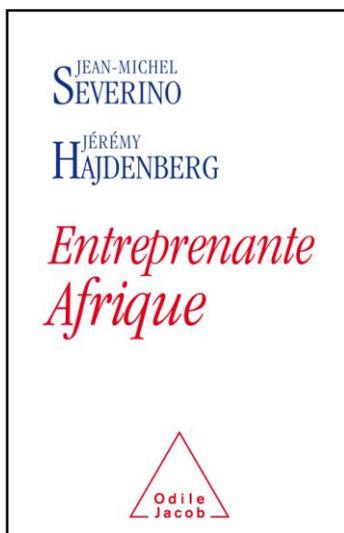
Jean-Michel SEVERINO & Jérémy HAJDENBERG

Business Africa

Africa invents its own growth model

Jean-Michel Severino has been Vice-President of the World Bank and Director-General of the Agence Française de Développement (AFD) and currently runs I&P, an investment bank specializing in African SMEs.

Jérémy Hajdenberg a strategy consultant specializing in microfinance, is Director-General of I&P.



Sign of a tangible and lasting hope, a new growth model, based on innovation and entrepreneurship, is emerging in Africa. The main architects of this growth, African entrepreneurs, are also its beneficiaries.

This book tells their success story and those of their amazing SMEs. Whether they are from a global diaspora or pure products of the continent, African entrepreneurs innovate in all directions, from the food to the construction industry, from transport to tourism, through less traditional sectors such as access to energy or information. Making use of new technologies, they know how to offer solutions where the lack of infrastructure can be a huge handicap — but also an opportunity. And their capacity for imaginative solutions sometimes leads to world firsts that are

adopted by industrialized countries.

This book shows how entrepreneurs and SMEs transform lifestyles and build an autonomous African growth with the emergence of a home market. It also highlights the weaknesses and challenges of this new Africa which brings ever-greater hopes for global growth.

- **A richly illustrated book, which intelligently combines a detailed examination of companies and business sectors with a macroeconomic approach to strengths and weaknesses of growth**
- **Africa is a broad topic that interests a large audience, as evidenced by the success of both Jean-Michel Severino's previous book, *Le Temps de l'Afrique*, and *Chindiafrique* (also published by Odile Jacob in an edition of 10 000 copies)**
- **The media: the author has a unique knowledge of Africa and its people that he has known for many years, first as Director of AFD, and now as a private investor, which makes him a key spokesman in the media**

Mario BETTATI

The War of Law

Mario Bettati Faculty of Law professor, former Dean, has acted as advisor to Foreign Ministers Bernard Kouchner and Georges Kjezman, and to Secretary of State for Human Rights Rama Yade. He is the author of *Le Droit d'ingérence, mutation de l'ordre international* ("The Right of Interference: The Changing International Order"), also published by Odile Jacob.



The appearance of new kinds of weapons and warfare over recent decades has called for a complete review of international law. We know nothing of the status as lethal weapons of drones, for example, beyond their functions of reconnaissance and surveillance. Similarly, cyber-attacks are a preoccupation for many defence ministers anxious to prepare an appropriate response and to put in place the necessary legislation.

This work presents first the agreements that govern the legality and legitimacy of war in the face of the UN Charter's prohibition of the use of force. It then discusses the origins of this law, and notably the input of the monotheistic religions — Islam, Judaism and Christianity — for the conduct of combatants.

In a collective summing up of the laws applying to different aspects of war, he emphasizes which weapons are proscribed as being too barbaric or inhumane. He explains how violent reprisals are prohibited while subterfuge is authorised. Finally, the termination and resolution of conflict are essentially the product of long-established practice and tend towards a return to peace.

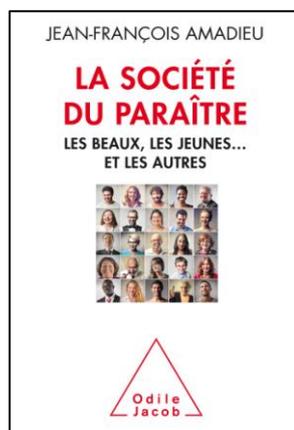
- **Powerfully contemporary: the characteristics of modern warfare are illustrated by the conflicts in Kosovo, Iraq, Libya...**
- **A reference work for students and professionals — military personnel, lawyers, civil servants — concerned by the subject**

Jean-François AMADIEU

The Looks Society

Being done with the weight of appearances

Jean-François Amadiou is the very successful author of *The Weight of Appearances* (50,000 copies). Scientific advisor to the Ministry of Labour, member of the Enterprise and Disability Agency, he is also a Professor at the University of Paris I Pantheon Sorbonne.



Following his work *The Weight of Appearances*, the author explores a new facet of this imperialism of appearances in our societies by undertaking new enquiries into the world of work, politics, and the media.

Looks are practically everything these days but this reality remains hidden. Can we take ourselves out of denial? Is public opinion, business and government fully aware of the problems created by this tyranny of appearances?

Inevitably, we are finally reacting and rebelling against the cult of beauty, of slimness and of youth.

Will we ever manage to liberate ourselves from this body fascism?

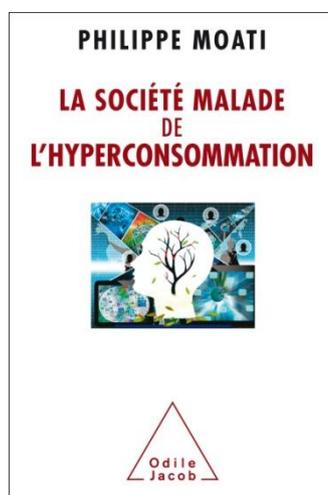
- **A crucial problem that confronts every member of society**
- **Still a taboo subject which, like personal harassment, deserves serious analysis and public debate**
- **An original thesis on breaking the silence surrounding the importance of appearance, and one that nobody — employer, employee, consumers — wishes to explicitly confront**
- **Examples and complete case studies**

Philippe MOATI

The Sick Hyperconsumer Society

Hyperconsumption undermines social cohesion and “living together”

Philippe Moati is a professor of economics at the Paris-Diderot University. Previously Director of Research at Crédoc, he is now Co-President of the Observatoire Société et Consommation (Obsoco). Notable publications include *L’Avenir de la grande distribution* and *La Nouvelle Révolution commerciale*.



Hyperconsumption undermines social cohesion and “living together”. What is the role of economics and, in particular, consumption in the crisis of lost direction that affects societies? What are the capitalist forces that lead to hyperconsumption? And how does this hyperconsumption create a vacuum around itself?

For Philippe Moati, we are living a dangerous paradox: while capitalism has never before so powerfully exacerbated our wish to consume, it does not provide us with the means to do so, and this generates frustration and exclusion. Production and consumption used to march to the same rhythm in the days of

Fordism and the post-war boom of “Les trente glorieuses”, but that has now changed. In its ceaseless quest for outlets, capitalism has extended the sphere of commerce to include our emotions and human needs. And, in filling that void that it has created, hyperconsumption has imposed itself as a fundamental tool in constructing our identities.

With a fine analysis of the diverse mechanisms of hyperconsumption, Philippe Moati shows how they undermine social bonds and cohesion, creating a need for better things of all kinds. He suggests ways out of this that do not exclude consumption but, on the contrary, makes use of it to promote a economy based on what he calls “useful effects.”

- **A highly original thesis on new technologies and the collaborative economy (Uber, Airbnb etc), which are at the same time the ultimate stage of capitalism and the pillar of a new model of consumption**
- **Many examples of different types of consumption (ostentatious, cultural, branding) and of the techniques that incite us to consume (the service economy, experience marketing...)**

André MIQUEL

The Marks Of Time

A Memoir

André Miquel, a former administrator at the Collège de France and holder of the school's Classical Arabic Language and Literature Chair, was also Managing Director at the National Library. His most notable works include *Tristan et Iseut* (1996); *Deux Histoires d'amour. De Majnûn à Tristan* ("Two Love Stories: From Majnûn to Tristan" 1996); *L'Événement. Le Coran sourate LVI* ("The Event: The Koran, Sura LVI", 1992) and, with Jamel Eddine Bencheikh, *De l'Arabie à l'Islam* ("From Arabia to Islam", 1992).



André Miquel is a renowned translator of some of the most beautiful texts in the Arabic literary heritage, including *The Thousand and One Nights*, and a specialist in the classical Arabic world and its literature. In these memoirs, he looks back over what makes life both beautiful and tragic: a child's death, a father's captivity, war, professional disappointments, disillusionment with the world of culture, and even captivity in a Cairo prison.

In a style imbued with poetry, he transports readers to other worlds: Palmyra, the Syrian desert, Cordoba, Saint-Jean-de-Fos, a child of the war's lost paradise, the Collège de France, and more.

He paints the portraits of the people he met whose impact on his own life was decisive: from Pierre Bourdieu to Mitterrand, via de Gaulle, Braudel and Pope Paul VI.

These pages telling of André Miquel's "hours, of grace, of routine, of disenchantment," are reminiscent of the poetry of Camus in *Nuptials*, in an ode to the simple splendour of everyday life.

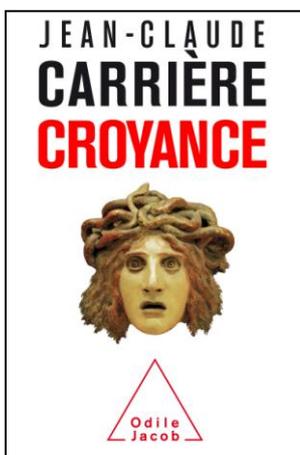
- **A flamboyant, emotionally-charged writing style, evoking the path of a man of great culture.**
- **A geographical, poetical and cultural journey through landscapes, books and major cultural institutions, such as the Collège de France and the National Library.**

Jean-Claude CARRIÈRE

Belief

A modern and re-imagined Islam

Jean-Claude Carrière, one of the most original and influential thinkers of our time, has written screenplays for such renowned filmmakers as Jacques Tati, Luis Buñuel and Nagisa Oshima. He is also a playwright and the author of many successful works, published by Editions Odile Jacob, including *Fragilité*, *Tous en scène*, *Einstein, s'il vous plaît* and *L'Argent*.



Jean-Claude Carrière's aim is to understand the world we live in, its fears and idols. Following his earlier enquiry into one of those idols (money), he now analyses the role of belief in the world today.

His conclusion is uncompromising: religious belief is everywhere and all-powerful, while knowledge has retreated and continues to diminish. Scientists are always asking questions, while believers have no doubts. Faced with terrorism and fanaticism, we are defenceless. So many Nobel Prizes, so many triumphs, so many intellectual discussions — and in the end we are engulfed in the blindness and brutality of belief and believers.

How can we explain the march toward darkness, ignorance and violence? According to Jean-Claude Carrière one of the reasons is fear — fear of nature, of the future, of poverty, of solitude and of the multitude. Knowledge seems powerless to combat such fears: humans need to believe in a god and to hope in an afterlife.

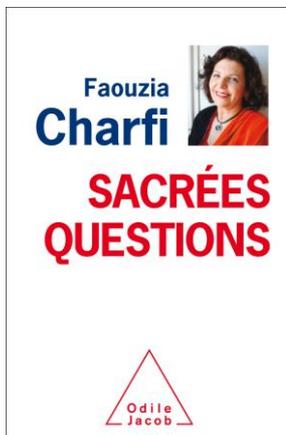
- **The author's talent and erudition make this a unique work, backed by numerous philosophical, literary and scientific references.**
- **Current events (notably terrorism) confirm the author's analyses.**
- **Included here is a careful analysis of such overused terms as fanaticism, fundamentalism, secularism, progress, obscurantism.**
- **A powerful, humanistic work to combat all forms of ignorance.**

Faouzia Farida CHARFI

Sacred Questions

A modern and re-imagined Islam

Faouzia Farida Charfi is a physicist and professor at the University of Tunis. A long-time activist, since the presidency of Habib Bourguiba, she was appointed Secretary of State for Higher Education in the interim government after the revolution of 14 January 2011. She resigned shortly afterwards in order to regain her freedom of speech and action.



Is the Quran — the word of God revealed to the prophet — a product of its time or is it free of any historical context? Was the prophet illiterate, as claimed by many websites? How do we account for the hadith — words and deeds of the prophet — being taken as dogma rather than revelation? Finally, what does Sharia, claimed by the proponents of political Islam, say that the Koran does not?

A Tunisian woman from a Muslim culture, Faouzi Farida Charfi tackles these issues head-on, providing responses matured in the reading of Arab thinkers — lawyers, historians, and Islamic scholars. She invites us to open a debate on the importance of contextualization of religion, and the volume of texts conceived by religious leaders who are now blocking movement on a number of issues.

With strength and conviction, drawing not only upon on the texts but also on the model that is developing, with difficulty, in Tunisia, Faouzia Farida Charfi demonstrates that a vision of Islam in line with modern thinking is possible on the law, on the status of women, and on the relationship of religion with science and art.

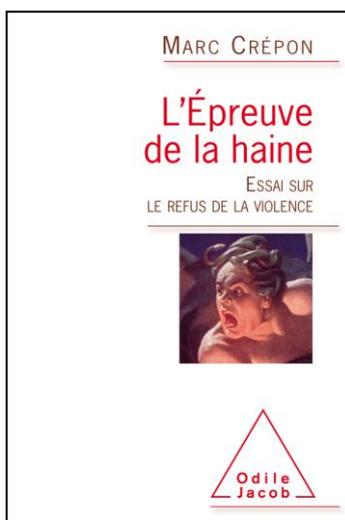
- **The two chapters on Islam explain in easy terms, accessible to all, the essentials of Islam and the reflections of the great Arab thinkers on the texts**
- **A feminine point of view, modern and updated, on Islam: religious education, the meaning of the veil in Tunisia, observing Ramadan...**
- **A scientist and Secretary of State in 2011, Farida Faouzia Charfi is a major figure in Tunisian political life**

Marc CREPON

Violence

Why do we consent to violence?

Marc Crépon head of the Philosophy Department at the École Normale Supérieure in Paris, currently holds the chair that formerly belonged to Jacques Derrida at the University of California, Irvine.



The violence that is tearing at the fabric of our society took us by surprise. Accustomed as we were to organized conflicts and distant wars, we have been overwhelmed by the brutal hatred being expressed towards us. Understanding it is no longer enough. We need to respond. And we must flush it out from behind the masks it can wear: a religion, a faith or a nation.

Marc Crépon, specialist in political philosophy, here denounces what he calls “murderous consent,” the way in which we consent, passively or actively, to violence perpetrated against others.

Through an analysis of those icons of non-violence Martin Luther King and Nelson Mandela, Marc Crépon shows how to emerge triumphant from the ordeal of hatred, starting with denouncing justifying discourse, the so-called “just causes” it pretends to serve, and by refusing to consent.

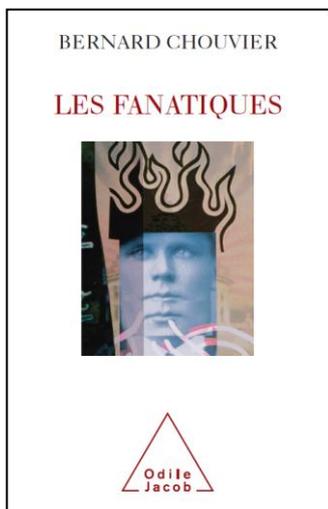
- **How philosophy allows us to understand violence and hatred, which are at the core of our world**
- **Marc Crépon’s renown: he appeared frequently in the media over the course of the year 2015, because violence as a theme is at the heart of his philosophical thought**
- **A year after the attack on the Bataclan, how have the major democracies reacted to hatred?**

Bernard CHOUVIER

Fanatics

The psychology of the fanatic

Bernard Chouvier is a professor of clinical psychopathology at the University of Lyon II, where for the last 15 years he has been Director of the Clinical Psychopathology and Psychology Research Centre. He is notably the author of *Psychic Reality* (2004), *Five Clinical Cases of Child Psychopathology* (2008), *Psychopathological Factors in the Act of Creation* (2011).



The fanatic has become omnipresent in the contemporary world but he does not always look the same. In this book, Bernard Chouvier builds a psychological portrait of the fanatic through history and tries to understand both the conscious motivation and the unconscious underlying forces.

How and why does one become fanatic? What drives an individual to choose the way of violence? Are they led by predisposition?

For more than 20 years, Bernard Chouvier has undertaken research into the various forms of engagement, including militancy and its sectarian variants. From his analysis and concrete examples – the initiation of the terrorist, the smart sectarian and the kamikaze – he charts essential vectors and the particular characteristics that make a fanatic and could, given the circumstances, lead any one of us along path.

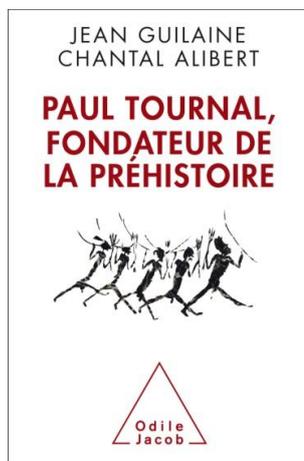
- **A topic that is omnipresent in today's world**
- **An original approach, both historical and psychological**
- **A reflection on where idealism can lead – particularly among adolescents**
- **An analysis of the mechanisms at work to influence sectarian factions and/or extremists**

Jean GUILAINE & Chantal ALIBERT

Paul Tournal, The Inventor Of Prehistory

Jean Guilaine is a professor at the Collège de France, Director of Studies at EHESS and a member of the Institut de France. An internationally recognised specialist on the Neolithic age, he recently published *La Seconde Naissance de l'homme*.

Chantal Alibert is an archaeologist, novelist and president of the Narbonne Archeological Film Festival.



How was prehistory born?

How did the existence of fossilised human remains finally come to be accepted? In this book, Jean Guilaine and Chantal Alibert lead us towards an understanding of the invention of prehistory.

We owe this revolution in thinking to the initiative of one man: Paul Tournal. An unconventional personality who contradicted prevailing doctrines and institutions, he was the first to defend — three centuries before Darwin — the possible existence of an ancestor of human beings long before Antiquity.

But this book is about much more than the simple account of the beginnings of a scientific discipline: it is about the revolutionary idea, the disruptive idea, of a large-scale history of humanity and the quest for the origins of our species, far removed from legend and myth. We understand how this invention of prehistory had to confront huge obstacles in the form of religion, science and technology.

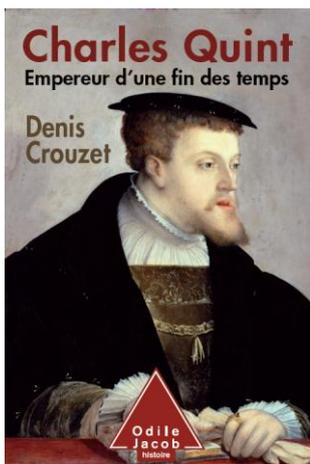
- **The story of the invention of prehistory, and of the dissent it raised**
- **The revival of a whole era of the history of ideas and scientific theories at the turn of the nineteenth century**
- **A clear and accessible account of the obstacles endured by the inventor of prehistory, in particular in overcoming disbelief in the existence of fossilised human remains**

Denis CROUZET

Charles V: The Anguish Power

A new biography of Charles V, a highly underestimated character hanging between power and renunciation

Denis Crouzet is a professor of modern history at the Sorbonne, Paris, and Director of the Institute of Research on Modern Western Civilisation. He is considered one of the most eminent specialists on the 16th century and on the French Wars of Religion. He is well known as the author of *Les Guerriers de Dieu — La violence au temps des troubles de religion* ["Warriors of God — Violence in the times of religious conflict"] (Champ Vallon, 2008); *La Nuit de St Barthélemy* ["The Night of St Barthelemy"] (Fayard, 2012); *Le Haut Cœur de Catherine de Médicis* ["At the Heart of Catherine de Médicis"] (Albin Michel, 2005).



This book brings us a totally new vision of Charles V by setting out to show his difficult and complicated complex relationships with power. Even if he incarnates for us the image of the authoritarian sovereign, dominating Europe and even the world, in reality Charles V cherished a quite different ideal: that of a pacified and unified Christianity. But instead, he had to deal with the Wars of Religion and a terminally divided Europe.

Denis Crouzet puts forward a new point of view and paints a surprising portrait of this major figure of the Renaissance.

The reign of Charles V takes place during the most crucial years of the 16th century while humanism was confronting a different absolute: religious fanaticism and zealotry.

- **The author is a renowned specialist on the Renaissance and the Wars of Religion.**
- **An erudite biography, detailed and unprecedented, which presents a new image of Charles V.**
- **The originality of the author's approach gives an unexpected vision of this Emperor.**

Sophie DELAPORTE

Saturday 22 August 1914 – A Doctor at War

The bloodiest day in France's history as it was lived by a doctor in the Great War. A novel and groundbreaking way to understand the destruction of 1914 and the mass slaughter of the Great War.

Sophie Delaporte is a historian, university professor at Lille, a Great War specialist and a pupil of S. Audoin-Rouzeau. She wrote *The Doctors of the Great War* (Bayard, 2003) and *The Aspiring Laby's Papers* (with S. Audoin-Rouzeau, Bayard, 2013), and collaborated on *The Encyclopaedia of the Great War, 1914-1918* (Bayard, 2014) and *Loves, Wars and Sexuality* (Gallimard, 2007).



This book takes a point of view that is wholly original and unprecedented: the idea of reenacting the bloodiest day in the history of France, Saturday 22 August 1914 through the eyes of a doctor on the Great War battlefield. We plunge directly into the brutality of that day, reconstructed hour by hour by Great War historian Sophie Delaporte. This book introduces **a whole new genre of historical fiction.**

The character who serves as our guide and witness is fictional, but invented after rigorous historical work from archives and contemporary accounts.

Everything written in this book is true and historically authenticated. The author has chosen to bring to life a young doctor deployed in the Ardennes to give us an idea of the violence, the horror, the chaos and the murderous folly of the Great War. In this single Saturday of 22 August 1914, of a force totalling 15,000 men, 10,000 died.

With a preface by **Stéphane Audouin-Rouzeau**.

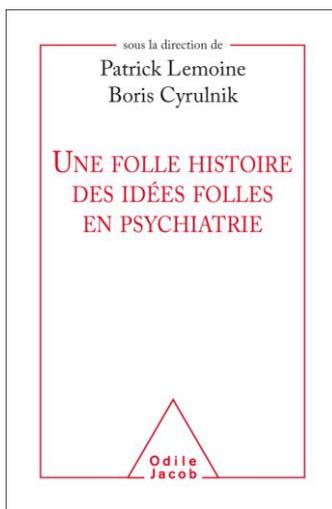
- **This work allows us to comprehend a key moment in European history, through the eyes of an eyewitness**
- **A historical overview, reconstructing the world as it was for those taking part in this most murderous day in human history**
- **A way of understanding how the face of war has changed: compare 10,000 deaths in a single day in August 1914 with the Afghanistan conflict in 2008, when we deplore 10 deaths**

Patrick LEMOINE & Boris CYRULNIK

The Crazy History of Crazy Ideas in Psychiatry

Boris Cyrulnik is a neuro-psychiatrist and Head of Studies at the University of Toulon. He has written many books, all of which have become best-sellers.

Patrick Lemoine is a psychiatrist. He has written almost 30 books, including *Le Mystère du placebo* (“*The Mystery of the Placebo*”).



Contradictions, trial and error, dead ends, sadistic treatments: the history of psychiatry, both in France and around the world, could give one quite a fright when it is closely examined.

In the name of what principle, for instance, were World War I soldiers faradized before being sent back to the front lines? How did German psychiatrists justify the experiments they performed on the insane during the Nazi era? How could anyone have believed that malaria could cure psychosis? How can we be sure that psychiatry will no longer give in to superstitious beliefs, which it did for decades and is doing once again in some countries?

Along with nearly a dozen experts – psychiatrists, for the most part, as well as a hepatologist, an ethnologist and an epistemologist – Patrick Lemoine and Boris Cyrulnik debate about the history of a discipline that had a hard time coming into existence, as well as inviting us to focus on the only real question for the future: how much trust can we place in psychiatry? What kind of safeguards should be established? And what would a world without psychiatry be like?

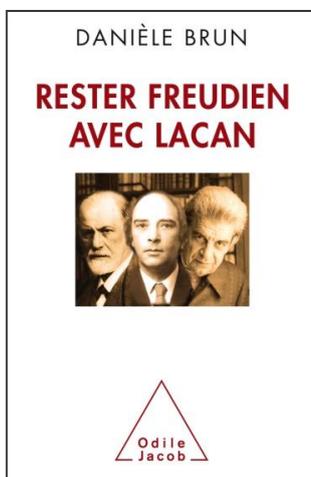
- **A lively and illuminating perspective on the history of a discipline that is still young**
- **Unusual reflections on the future of treatment for psychiatric illness, based on past mistakes**
- **Suggestions for helping the near future to become the Golden Age of psychiatry**

Danièle BRUN

Stay Freudian with Lacan

An unknown scene from the history of psychoanalysis

Danièle Brun is known as the author of *Une part de soi dans la vie des autres* and *La Passion dans l'amitié*. She is a psychoanalyst, a member of the Espace Analytique and emeritus professor at the University of Paris-Diderot where in 2001 she founded the Psychoanalysis, Medicine and Society Research Centre. She is President of the Société de Médecine et Psychanalyse.



During a psychoanalysis seminar in 1965-66, a violent controversy broke out between Lacan and Conrad Stein. It hinged on a fundamental question: that of the purpose of psychoanalysis. It exposed radically antagonistic conceptions.

Danièle Brun takes up this major question in this work and seeks to define what psychoanalysis is and what it consists of, as Freud conceived it and as it is still practised today.

This book invites us back to the very beginnings of psychoanalysis, and to rediscover the freedom with which we read Freud's founding texts in the 1960s.

With the confusion introduced by Lacan between university education and psychoanalytic therapy, says Danièle Brun, we lost this freedom of interpretation. But it is vitally important to get it back again.

- **The presentation of an essential debate on psychoanalysis**
- **A means to better understand the stakes in psychoanalysis and psychoanalytic therapy**
- **A fresh understanding of Freud and Lacan**

Édouard GENTAZ, Léonard VANNETZEL, Solange DENERVAUD

The Secret Life of Our Children

Understanding our children to help them through their development

Édouard Gentaz Édouard Gentaz is a professor of developmental psychology at the University of Geneva, Switzerland, where he heads the faculty of Psychology and Educational Sciences, and Research Director at the CNRS (National Centre for Scientific Research, LPNC-Grenoble). He is the co-author of *Apprendre à lire* (“*Learning to Read*”), edited by Stanislas Dehaene (16,000 copies sold).

Solange Denervaud is a doctoral candidate in neurobiology. She is also a graduate of the Maria Montessori Institute and has taught at the Montessori School in Vevey, Switzerland.

Léonard Vannetzel is a clinical psychologist. He teaches at the University of Paris-Descartes.



Using concrete situations that parents are confronted with on a daily basis, the authors answer the questions all parents ask themselves at some point: Why is my child afraid of the dark? Does he understand the concept of good and bad? Will she be more of a Picasso or an Einstein? What doesn't he ever do what I ask him to? My child has an imaginary friend, should I be worried?

By deciphering our children's behaviour, the authors give us the keys to understanding what's going on in their minds, and to enabling us to help them reach their full potential.

What is going on inside our children's minds? How can we encourage and promote their psychological development? What are their needs? What emotional, social, cognitive and sensorimotor skills do they have? How do those skills develop? These are the themes addressed in this book, through simple questions and straightforward scientific answers that everyone can understand.

- **This book pursues and delves deeper into the themes raised in the television program of the same name, which screens in France on TF1 from September. The show is adapted from the popular British programme seen on Channel 4, The Secret Life of 4 Year Olds. The authors are on the panel of experts involved in the French version of the show**
- **A straightforward, practical and lavishly illustrated book aimed at a general readership, yet based on serious scientific data**
- **A portrait of children's psychological development and skills, from birth to adolescence**

Didier PLEUX

Develop Your Child's Self-Control

Helping parents to establish limits, and helping children to accept them

With a PhD in developmental psychology, **Didier Pleux** is a clinical psychologist, a psychotherapist and the author of several books that have made him a recognized expert in child-raising issues. He heads the French Institute of Cognitive Therapy and has written several best-selling books, including: *Peut mieux faire* ("Could Do Better"), *Un enfant heureux* ("A Happy Child") and *De l'enfant roi à l'enfant tyran* ("From Spoiled Child to Tyrannical Child") (50,000 copies sold).



Since the 1970s, raising children has become synonymous with love, independence, stimulation, protection, communication and creativity for the child. And that's a wonderful evolution!

But there is a downside, too. "Frustration", or learning to accept limits and rules, seems to be fading from children's daily lives at home. We have gone from pre-1968's "frustration with a bit of love" to "way too much love with a bit of frustration." Yet it is preferable to balance any human being's – and especially a child's – reasonable goal of pleasure with a reality check. This adaptation to reality is called "self-control." It is not innate, but it can be learned!

Helping parents to develop their children and infants' self control is the purpose of this book. Based on everyday situations (bedtime, at the table, playing with others, at school, etc.), illustrated and arranged by age, Didier Pleux explains to parents how to help their children control their own expectations.

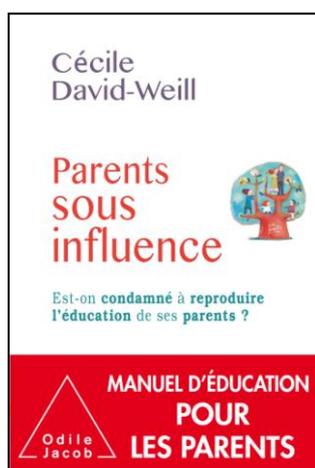
- **A tremendous favour to parents who sometimes have trouble not letting children do and get whatever they want; learning to say NO in order not to spoil children!**
- **A practical child-raising guide that enables parents to cope with all sorts of everyday situations: crying, meals, naps and bedtime, temper tantrums, activities, learning, making an effort, school, being sociable, leisure. Arranged by age: infants, 2- to 6-year-olds and 7- to 12-year-olds**
- **The stakes are high, but this book defuses the situation by taking a light-hearted approach to the serious issue of limits and accepting authority. Each situation is illustrated in full colour**

Cécile DAVID-WEILL

Parents Under the Influence

Are condemned to repeat our parents' education? Understanding our own childhood leads to better education

Cécile David-Weill is a novelist, mother and grandmother. She wrote *Femme de...* ("Wife Of..."), *Les Prétendants* ("The Pretenders") and *Chroniques de New York* ("New York Chronicles"), published by Grasset.



What is the influence of one's own childhood on education that we provide? Are we condemned to reproduce the education that we ourselves received? How can we succeed in the education of our own children?

Hasn't everyone, at some time or another, surprised themselves by unwittingly reproducing the attitude of their own parents, even repeating the same words? Some feel it is natural to pass on what they see as a legacy. This is quite different for those who have suffered through behaviour that they fear reproducing with their own children.

These are the parents to whom this book is addressed. To those who have decided to do the opposite of their parents, and to those who do not know how to do otherwise. And to all those who have the feeling that they might not manage, despite their best intentions.

Many examples of situations that allow us to understand how to manage from day to day, to free ourselves from our own childhood and to be as fair as possible in the role of parent.

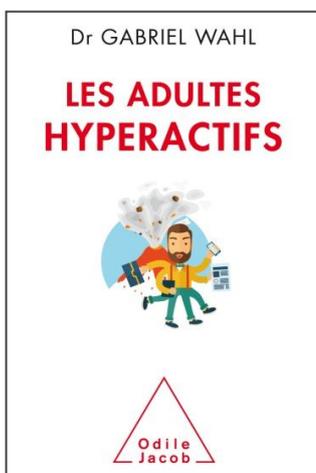
- **Tools to help parents in everyday life, with recommendations and questionnaires**
- **A helpful reflection that liberates us from guilt**
- **A frank, far-sighted and practical guide that understands parents' needs**

Dr Gabriel WAHL

Hyperactive Adults

A psychiatric study of music, genius and madness

Dr Gabriel Wahl is a psychiatrist, a paedopsychiatrist and a former expert court witness. He is President of the *Association de Recherche Pluridisciplinaire sur l'Échec scolaire* (ARPE), author with Claude Madelin-Mitjaille of *Comprendre et prévenir les échecs scolaires* and of several works on precocious and hyperactive children.



There hyperactive adults too.

Hyperactivity represents a very real form of distress which can trap a childhood, an adolescence and disturb a whole life. It can damage school careers, but at adult age is no less serious, notably in professional life. Hyperactivity can also have serious consequences on personal life and relationships.

What are the symptoms at adult age? How distinguish between brimming enthusiasm and typical characteristics of hyperactivity? What are the personality types affected? What tests are used to diagnose hyperactivity? Does hyperactivity bring advantages?

What are its factors and origins? Is a particular gene the cause? How is it treated?

Sometimes dismissed as a spurious condition, hyperactivity can represent an authentic medical syndrome. Personal accounts, portraits show the importance, at any age, of diagnosis and treatment.

- **An invitation to the edge of three fascinating territories: music, emotions and madness**
- **An exploration of the close ties between music and mental pathologies: as a source of inspiration, object of study, cure, stimulant and subject of creativity**
- **Numerous references to classical and contemporary music and musicians**

Florence LAUTRÉDOU

True Love – Breaking Free from the Illusions of Love

How to understand the wounds of passion and find true love

Florence Lautrédou a graduate of the Ecole Normale Supérieure and professor of modern literature, is a psychoanalyst and life coach. As well as writing novels, she is the author of *Cet élan qui change nos vies, l'inspiration (Inspiration: the Impulse that Changes our Lives)*, also published by Odile Jacob.



How to understand the wounds of passion and find true love?
How do we avoid getting trapped by love?

Between the idealised model of love with its rather outdated image of the eternal couple, and new forms of relationships — reconstituted families, multiple partners, specialised hook-up sites — for many women, it remains just as uncertain that they will find fulfilment in true love. A happy love, built upon self-respect, that does not expect either party to deny a part of themselves that is profoundly felt.

What are these shadows that are sometimes cast over a love affair — signs of disappointment, of falling out of love, or of an imminent split? What do they reveal of our personality? Why does conditioning sometimes prevent the fulfilment of true love?

How do we understand these barriers, and overcome them?

Eight studies of women confronted by the pain of love allow us to understand what is meant by the illusions of love. Decoded, these little novels reveal what is at play in a relationship. All are therapeutic accounts which can help us to reflect upon our own journey to understand the wounds of love, and find true love.

- **Finding real love remains a major hope for many women**
- **Love, a theme that is constantly renewed as we evolve culturally**
- **This may respond to a female readership's expectations of a loving encounter**
- **An aid to self-knowledge, identifying one's archetype as a lover**
- **Written in vibrant and literary style, but at the same time a real guide to personal development which will help guide the way along the path of love**

Nicole DESPORTES

Journey to the end of life

How I beat anorexia

Nicole Desportes suffered from anorexia between the ages of 16 and 35. Today, she is considered “cured” of her eating disorders.

Philippe Jeammet, who contributed the preface, is emeritus professor child and adolescent psychiatry at the University Paris-Descartes. This follows the great success of *Polo Tonka – Dialogues With Myself*.



I was anorexic, and I overcame it.

“Because I passed through all the torments of this disease — the moments of exultation when one is convinced of having “got the better of it”, and then the depths you plumb when your whole being is swallowed up, at the same time as your weight — I can testify that, even if anorexia is and always will be dramatic, for the adolescent, for her family, for her friends, it reveals nothing less than an immense appetite for life, a prodigious inner force, brimming over with vital energy.

Because that is the force needed to withstand the stress that anorexia imposes. I know that, my body knows that. And how passionately you need to love life — not your life but *life*, to push an obsession so far in this drive for intensity and absolutes.

I went in search of healing, the road to the light, a long way. Today I would say that the journey was worthwhile.”

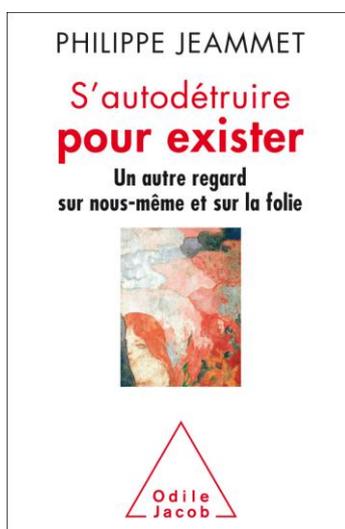
- **With a preface by Professor Philippe Jeammet, an exceptional document revealing the healing process at work.**
- **A searing account, written from the centre of pain, that demonstrates magnificently the constant swings between an enormous love of life and a profound wish to destroy it — beginning with oneself**
- **A book with a purpose: to encourage anorexics and help them find their own way. There is no recipe, no magic bullet, no shock treatment, but you *can* get away from anorexia!**
- **An indispensable guide for families and loved ones, but also for carers who should never forget the need to be guided by their humanity**

Philippe JEAMMET

Self-destruct to exist

Another way of looking at madness and at ourselves

Philippe Jeammet is a psychiatrist and psychoanalyst. For 20 years he has directed the department of psychiatry for adolescents and young adults at the Institute Montsouris in Paris. He is author of the highly acclaimed *Pour nos ados, soyons adultes* ["For the Sake of our Adolescents, Let's be Adults"] which has sold 25,000 copies.



Based upon numerous clinical case studies, this book is the personal account of one of the greatest specialists in adolescence who has followed, sometimes for as long as 50 years, the treatment of young psychiatric patients.

Drawing upon this incomparable clinical experience, Philippe Jeammet shows how is it possible to accompany to good health patients seized by a destructive madness, destroying themselves at first then moving on to others. The advances achieved in psychiatry, as in neurobiology, today allow us to offer new treatments and to approach psychiatric illness differently.

For Philippe Jeammet, mental disturbances are linked to an emotional surcharge which the patient seeks in vain to master — something that also happens to supposedly sane people. But if we don't choose our own emotions, and if they impose themselves upon us, we are nonetheless capable of choosing what we do with them. Again it is necessary for us to know that it is possible that the path that leads to destructiveness can be reversed, allowing us to rediscover the will to live.

Freedom is relative, certainly, but that is what makes all the difference.

- **A rich account based upon clinical observations often conducted over a period of several years**
- **Emotional disequilibrium can become generalised and thus allow us to understand certain behaviours of supposedly normal people which can lead, for example, to conditions such as schizophrenia or anorexia in the most extreme cases**
- **Destruction of the self or of creativity: these two key notions in the book are particularly original and allow us to understand phenomena such as “radicalisation” and the spiral of violence**

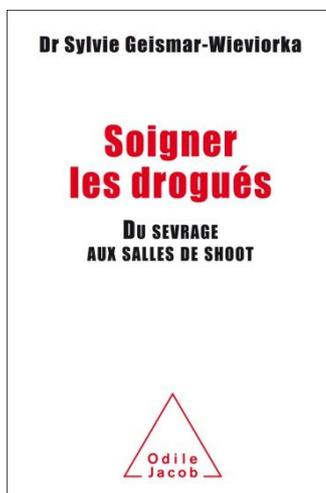
Dr Sylvie GEISMAR – WIEVIORKA

Treating drug users

From cold turkey to shooting galleries

A front-line doctor explains how to treat drug addicts

Dr Sylvie Wieviorka is a clinical psychiatrist. From 1991 to 2012 she was Director of the Centre Pierre Nicole, one of France's foremost facilities specialised in the treatment of drug addiction, and during the 1990s played an active role in the series of debates and commissions presiding over the distribution of substitute treatments in France in pursuit of a risk-reduction policy.



Neither partisan nor militant, this book is written by a doctor working on the front line seeking to evaluate the most effective treatment to offer drug addicts.

For a long time director of a treatment centre specializing in the management of drug addiction, the author, a clinical psychiatrist, has prepared a review of the evolution of policies against drug use. From the cold-turkey treatments of the 1970s to the imminent opening of the first “shooting galleries”, what are the milestones in this evolution and the reasoning behind them? How did we transition from a policy of cold turkey to support? What is the function of shooting galleries? What are the stakes in this new treatment tool? What can it change? What are the drawbacks?

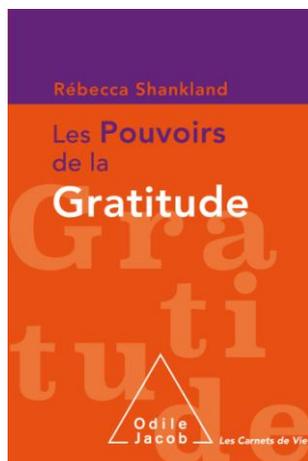
An essential contribution to an understanding of the evolution of health policies regarding drug use, and support that must benefit the most vulnerable. The author draws upon experiments, among others, conducted in other countries.

Rebecca SHANKLAND

The Powers of Gratitude

A little thank-you can go a long way

Rebecca Shankland is a psychologist and conference leader at Université Grenoble Alpes, where she is Director of the Positive Psychology University Diploma course. Her research is based on the mechanisms and the effects of interventions in positive psychology and full volition in the domains of education, of organisations and of psychotherapy. She has published several works in this area of research.



To feel gratitude towards others, and beyond that to recognise the gifts that we are dealt, is not only a quality, nor merely an agreeably transitory emotion. Gratitude constitutes a veritable driver of durable well-being for those who wish to encourage it to flourish by tending it on a daily basis.

This practice brings huge benefits to the self but also to those around us, whether it be in daily life at work or even, in the case of children, at school.

Why would one wish to develop gratitude further? How does one cultivate this predisposition to feeling grateful?

This work invites you to discover the powers of gratitude in explaining the mechanisms which combine to make it an essential ingredient in well-being.

- **A regal value of positive psychology, gratitude represents the very foundation of shared good relations**
- **It explains the necessary tools: gratitude diary, thank-you letters, etc**
- **A book and a collection to live by, giving meaning to our existence.**
- **In the same collection as "The Powers of Tolerance", by Marion Mari-Bouzid (2015)**
- **Participation by the author in two congresses in September in Brussels ("Mind and Life", "Emergencies")**

Serban IONESCU & Boris CYRULNIK

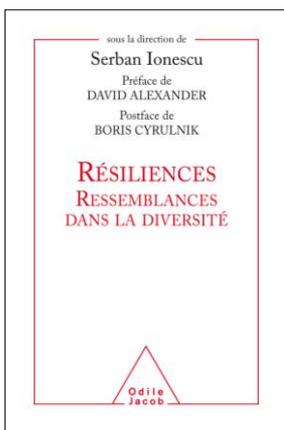
Resilience: From Cells to Societies

The Second World Congress on Resilience

Boris Cyrulnik is a neuropsychiatrist. He is also the Director of Studies at the University of Toulon. He is the author of numerous works, all of which have enjoyed enormous success. His latest book, *Ivres Paradis, Bonheurs héroïques* ("Drunken Paradise, Heroic Happiness"), has just been published.

Serban Ionescu is a psychiatrist and psychologist, emeritus professor of the University of Paris-8 and the University of Quebec-Trois Rivières.

With contributions from Marc Blétry, Philippe Bourbeau, Evelyne Bouteyre, Lino Briguglio, Didier Genin, Colette Jourdan-Ionescu, Francine Julien-Gauthier, Guy Koninckx, Hubert Mazurek, Bernard Michallet, Gilles Teneau, Mihaela Tomita, Adrian Van Breda.



The great penetrating power of the word "resilience" intrigues us and raises numerous questions. Why is the metaphor of "bouncing back" so attractive and interesting? Why does it manage to find its niche in so many different fields? Does its widespread use create interdisciplinary connections? What does it bring to scientists and to practitioners working in the fields in which it has been adopted? Does its use open up debate?

Fourteen academics and practitioners from seven countries (South Africa, Belgium, Canada, France, Great Britain, Malta and Rumania) attempt to answer these questions and present in this book the use and the value of the concept of resilience in several domains: psychology and psychiatry, socio-ecology, social work, rehabilitation, education, organisational sciences, material sciences, economics, culture, law and international relations. In this form, Resilience is the first international work of its kind.

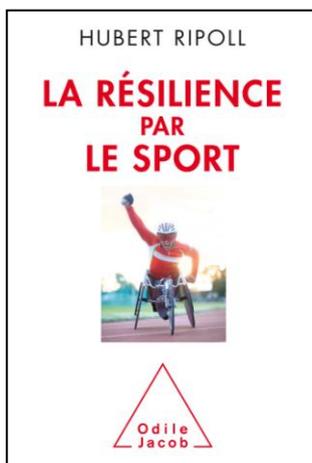
- **How to create resilience, at every level, step by step**
- **A book that places the concept of resilience on a continuum going from cellular to societal level**

Hubert RIPOLL

Resilience Through Sport

Understanding and Achieving Our Limits in Sport

Hubert Ripoll is a psychologist. He has been president of the French Association of Sport Psychology and created the first French laboratory of cognitive psychology applied to sports. He has worked with numerous Olympic champions and world class athletes. For the last 10 years he has led enquiries to advance our understanding of the psychology of sportsmen, artists, scientists. He is a professor at the Faculty of Sports Science at the University of Aix-Marseille, and lives in Paris.



How do seriously handicapped individuals manage to accomplish exploits that defy the imagination? How do they become "exceptional beings", models to us all, while everything seems to be pitted against them? What is it that pushes them to overcome their physical limitations?

This is the mystery of these "champions" that Hubert Ripoll attempts to unpack. Is sport the natural home of resilience?

A product of an enquiry into handicapped athletes, mostly "number ones" at international level, this book not only sets out to understand the methods of resilience in sports but also how it speaks about us, and the way in which these extraordinary beings can help us in our day-to-day life, in our "ordinary" existence.

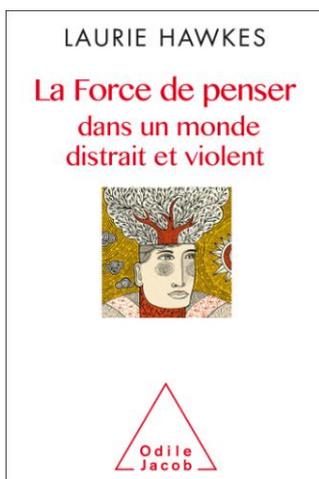
- **A true decryption of what it takes to make a winning personality**
- **A convincing and fully documented study the concept of resilience**
- **A lively study, built on numerous interviews and case studies**
- **An original vision of sports which casts an unexpected light on the coming Olympic games in Rio (5-21 August, and 7-18 September for the Paralympics)**

Laurie HAWKES

The Power of Thought in a Distracted and Violent World

Truly knowing how to think: a new key to well being

Laurie Hawkes, a Frenchwoman with American roots, is a clinical psychologist and psychotherapist. She teaches at the Ecole d'Analyse Transactionnelle Paris-Ile de France (Paris Regional School of Transactional Analysis). She has written a great number of books, including in 2013 *La force des introvertis* ("The Power of Introverts") and *De l'avantage d'être sage dans un monde survolté* ("The Advantage of Staying Calm in an Over-Excited World"), published by Eyrolles, and in 2014, *Petit traité de lucidité sur soi-même et sur les autres* ("A Brief Treatise on Clear-Sightedness About Oneself and Others"), published by Payot.



This essay will introduce the general public to a skill that psychologists and psychosomatic practitioners are aware of, but which is otherwise not well known: mentalization. Mentalizing allows us to perceive situations calmly and completely, to develop free-flowing and regenerative thought processes, to make connections between events, and to enrich our reflections with both past experiences and empathy... Far from clichés, it is no more nor less than “truly knowing how to think”.

People who are used to self-reflection are in the habit of being aware of their own thoughts and feelings, as well as being sensitive to those of others, which they try to decipher. Alas, this skill often disappears when our stress levels get too high. That level is different for each of us, depending on the care and attention we received, particularly from our parents and other key attachment figures.

So this book offers a clear explanation of what goes on when we're not able to “mentalize”: it identifies the consequences and, above all, shows the steps we can take to develop this skill, which is at the root of feeling comfortable with both oneself and others.

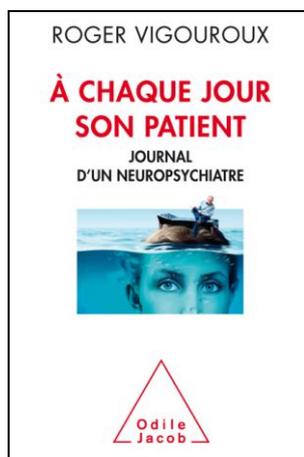
- **A practical and informative book for a wide audience, it introduces a concept that is as essential as resilience: mentalization, developing free-flowing and regenerative thought processes**
- **Includes a large number of explanatory anecdotes drawn from contemporary film, literature, and case studies**

Roger VIGOUROUX

Memoirs of A Neuropsychiatrist

Another day, another patient – Inside a doctor’s mind

Roger Vigouroux neurologist and psychiatrist, is a member of the Neurological Association of France and the Neuropsychological Association of France. He is the author, most notably, of *La Fabrique du Beau* (“*The Making of Beauty*”), Odile Jacob, 1992.



Through moving personal accounts that are often poignant, yet told with the clinical precision of a psychiatrist and psychotherapist, Roger Vigouroux recounts a neuro-psychiatrist’s daily life. This very concrete book, illustrated with case studies, in a similar vein to François Lelord’s *Tales of an Ordinary Psychiatrist*, portrays the suffering as well as the happy endings that patients, their loved ones, and their doctors too, can experience. We accompany the psychiatrist as he visits his patients, sharing his doubts and his enthusiasm, and sitting in on his consultations.

The power of this book, the diary of a neuro-psychiatrist, also comes from the first-person accounts and the careful attention paid to the patient-physician relationship. In fact, that relationship is the true subject of this unique book.

A “real-life” account of both suffering and cures in the realm of mental illness and addiction.

- **The author has chosen an unconventional tone and format to describe the experiences of a doctor specialized in mental illness, as well as those of his patients**
- **Exceptional access to day-to-day psychiatric consultations, which is rarely possible to achieve**
- **A way of removing some of the fear and mystery from the world of psychiatry, which is still little known and often stigmatized**

Christophe ANDRÉ presents Olivia HAGIMONT

The Family Dinner

How to Survive Your Loving, Neurotic Family

Olivia Hagimont is an illustrator who produces a popular blog called “Olivia (in Paris)”. She is also a painter, and more than anything else, she loves turning negativity into positivity. Her two previous books are *Ça n'a pas l'air d'aller du tout! ou comment les crises de panique me sont tombées dessus* (“Nothing Seems To Go My Way: Or How I Started Having Panic Attacks” 2012) and *Dodue ou comment j'ai vaincu la dictature de la minceur* (“Chubby: Or How I Survived the Skinny Tyranny”, 2013). Preface and commentary by **Christophe André**.



Several members of a family in one room, with their idiosyncrasies, their issues, their character defects and their opinions: the situation can be explosive. Who hasn't been to one of those family occasions that turn into a chance to settle scores! Because family dinners are when the best and worst of human emotions are expressed: love, sibling rivalry, jealousy, resentments and more! They are often the occasions for conflicts and powerful tensions to be revealed. There is a dramatic arc that is specific to family dinners that Olivia Hagimont presents and portrays in her very own ironic, humorous, lucid, uncompromising, but nevertheless benevolent way.

The story shows just how hurtful and harmful family members can be towards each other, but also how a little acceptance and kindness can go a long way towards making families nicer places to spend time. The overall message is a positive one: “Let's open our arms, and not miss a chance to be supportive together.”

An extraordinary exercise in positive psychology: laughter as a cure for suffering.

- **Advice from Christophe André**
- **Olivia Hagimont's sense of humour works as a magnifying glass, allowing us to see our own idiosyncrasies in order to be able to put things that hurt us into better perspective, and to start letting go of past events**
- **Family dinners are the perfect opportunity to show a rogue's gallery of characters with strong personalities, who will, over the course of a meal, offend and wound each other, but come to love each other once again. Family get-togethers, where neuroses take centre stage**

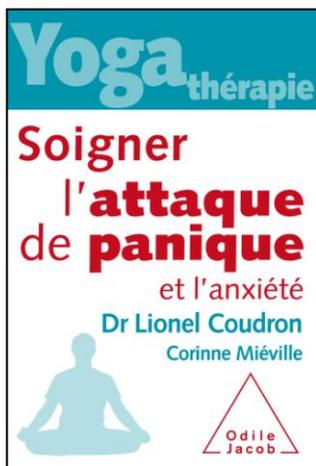
Lionel COUDRON & Corinne MIÉVILLE

Yoga Therapy – Breaking Free from Anxiety and Panic

Yoga as means of mastering anxiety

Lionel Coudron is a physician and yoga teacher with 30 years' experience. He is Director of the Institute of Yoga Therapy. He is well known as the author of two major successes: *Le Yoga. Bien vivre ses émotions (Yoga — Living Well with your Feelings)* and *La Yoga-Thérapie (Yoga Therapy)*.

Corinne Miéville is a yoga teacher, working alongside Lionel Coudron at the Institute of Yoga Therapy.



Anxiety manifests itself in many ways, with differing effects from one individual to another. Flying, public speaking, keeping everything constantly under control and not leaving anything to chance... When anxiety takes too much space, when it affects everyday life and relationships, with serious consequences, it is time to take back control.

Yoga has proven benefits to health, as we have known for centuries. It has particularly positive effects on anxiety, as is widely recognized, and its benefits have been confirmed by scientific trials. By acting at psychological, psychic and emotional levels upon different parts of the body, yoga exercises — movement, breathing, meditation, relaxation — allow us to work on letting go, easing tension, and calm our mental state. Practicing yoga gives

everyone an effective tool, easily adopted, to control anxiety and its physical manifestations and to regain the upper hand over anxious thoughts. Complemented with other advice on the broader topic of a healthy lifestyle, rediscovering inner peace becomes possible.

- **Yoga acts upon both the physiological and psychological aspects of fear, worry and all manifestations of anxiety**
- **This illustrated book shows how to practise yoga exercises, alone, at home**
- **Medical expertise, step-by-step guide to exercise, and advice on general wellbeing**
- **The author is a physician and one of the foremost teachers of yoga**

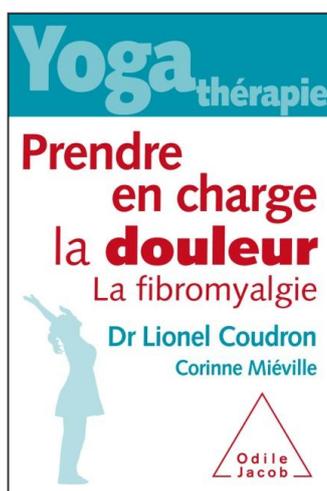
Lionel COUDRON & Corinne MIÉVILLE

Yoga Therapy – Managing Pain

About fibromyalgia syndrome

Lionel Coudron is a physician with qualifications in acupuncture, nutrition, biology, medicine and sports traumatology. He has taught yoga for more than 30 years and is currently Director of the Institute of Yoga Therapy. He is well known as the author of two major successes: *Le Yoga. Bien vivre ses émotions* and *La Yoga-Thérapie*, published by Odile Jacob.

Corinne Miéville is a yoga teacher, working alongside Lionel Coudron at the Institute of Yoga Therapy.



The power of yoga in finding a better quality of life.

Fibromyalgia is a poorly-understood syndrome. Sufferers endure intense muscle pain and chronic fatigue as part of their daily lives. But as this disease, auto-immune in origin, is not fully recognised, it is rarely taken into account — or, if it is, it is poorly treated. How, then, do we ease the pain of variable intensity that profoundly affects daily life, sleep habits and general quality of life?

Yogatherapy consists of applying yoga specifically to health issues. By acting at psychological, psychic and emotional levels upon different parts of the body, the practice of yoga is particularly effective for dealing with body pain. Yoga exercises — movement, breathing, meditation, relaxation — along with life-hygiene and nutrition advice act to diminish pain, ease the mental state and to

gently prepare to face a return to physical effort.

A response that does not replace conventional treatment but that brings a sense of well-being to daily life.

- **Practicing yoga does not replace treatment but complements it by applying simultaneously to the physical and psychological self**
- **An illustrated book showing how to practise yoga exercises, alone, at home**
- **Medical expertise, step-by-step guide to exercise, and advice on general well-being**
- **The author is a physician and one of the foremost teachers of yoga**

Clémence PEIX-LAVALÉE

Get A Good Night's Sleep

Sleep is essential to good health. Take care of it: sleeping better is living better

Clémence Peix-Lavallée is a consultant sophrologist in Neuilly-sur-Seine, specializing in sleep disorders. She teaches in schools of relaxation therapy and provides expert advice to business leaders through the Association of Progress Management.



In France, 6 million people take antidepressants, and 11.5 million are addicted to anxiety drugs. For most, anxiolytics or sleeping pills are addictive. Yet when it comes to sleeping problems they solve nothing. Insomnia is the sickness of the century.

Considering that one working adult in three has difficulty getting to sleep, and one in five is considered insomniac, sleep quickly becomes a disturbing daily concern.

Yet there is a way to find sleep efficiently, without medication, without side effects, without addiction, without dependency. This is what this entirely original method is offering.

Based on the experience of more than a thousand people treated by relaxation therapy, Clemence Peix Lavallée has developed a method, based on the understanding of sleep disorders, and relaxation therapy exercises tailored to different sleeper profiles. These exercises, highly effective behavioral tools in most insomnia cases, are simple, pleasant to use and proven solutions.

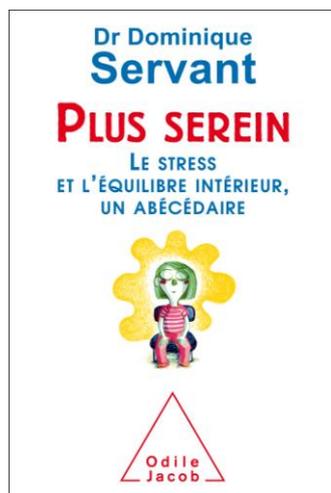
- **A truly original and practical way to get back to sleep or improve sleep quality**
- **Original mnemonic techniques help subjects identify their sleeper profile, understand the nature of their sleeping difficulties and adopt the appropriate approach**
- **Relaxation therapy exercises that induce relaxation and rest, tailored to different problems, are effective not only for sleep but also for improved stress management and a better day-to-day life**

Dominique SERVANT

More Serene – A How-To Guide to Stress and Inner Balance

How to avoid stress destroying well-being and becoming a source of ill health

Dominique Servant is a clinical psychiatrist and manages consultations in stress and anxiety at the Lille University Hospital. He is the author of several highly-regarded works on stress, all of which have become classics: *Treat Your Own Stress and Anxiety* (50,000 copies); *Relaxation and Meditation: Find Your Emotional Balance*; and *Don't Crack Up At Work*. He is the founder of the website www.soigner-le-stress.fr.



Who can ignore stress? We all aspire to avoiding stress or controlling it, even to the point of turning it to our advantage.

What are the remedies that work? Which methods of the body or the spirit can really help us? Should we be turning towards the wisdom of the Greek philosophers, to psychology, medicine, oriental medicine, alternative therapies, or to the exercises in happiness that are on offer today?

There are a thousand small things that can be done, at work and in our everyday private lives, to limit the effects of stress and to create less for ourselves.

This is what this book is suggesting in the form of a how-to guide: everything you need to know about stress, complemented by inner balance exercises which you can easily practice alone. Both mind and body benefit from these stress-management resources.

- **Collection "Guide to Self-Help" edited by Christophe André**
- **Directly inspired by Dr Servant's practice as a clinical psychiatrist specialising in stress, all the methods suggested in this book have been tested and used to proven effect: relaxation, mental visualisation, full-consciousness meditation, self hypnosis, yoga, behavioural and cognitive therapy, positive psychology and management of emotions.**
- **Written by one of the most renowned specialists in stress-management methods.**

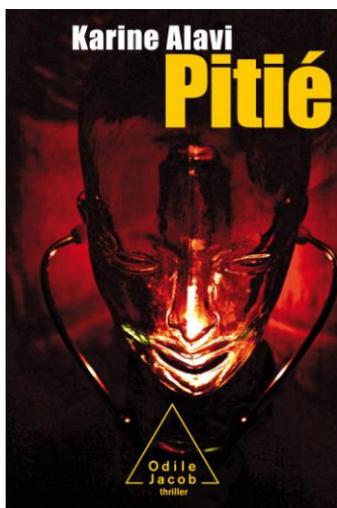
Karine ALAVI

THRILLER

Pity – A Serial Killer at The Heart Of the Human Brain

A crime mystery generously spiced with sex and suspense, in which nothing less than the control of the human brain is at stake

Karine Alavi is a neurologist in a major Paris teaching hospital. Pity is her first novel.



The rather monotonous the life of Xavier Lacour is turned upside down with the murder of his wife. Ravaged by sadness, this man is left with nothing but his seven-year-old daughter. Disgusted by the incompetence of the police he decides to set off in search of the killer.

His search leads him on the tracks of Pierre Ferrand: courted by the pharmaceutical industry, admired and envied by his peers, this brilliant neurosurgeon with his robust and enigmatic personality has revolutionised neuroscience by inventing a brain stimulator capable of healing the most serious neurological illnesses.

The death of Lacour's wife, who was undergoing treatment in Ferrand's clinic, coincides with the murder of the neurosurgeon's main female colleagues.

Whether guilty of the crime or the victim of a frame-up, Ferrand is implicated. We just have to find out how.

- **Sex, violence and intrigue are the ingredients of this breathtaking novel, handled in masterly style, based on the latest advances in neurosciences and in the context of crisis in the medical world.**
- **A first novel written in clear, direct, passionate but also sometimes funny style — briefly, a novel of admirable effectiveness.**
- **A dive into the fascinating universe of neurosciences.**

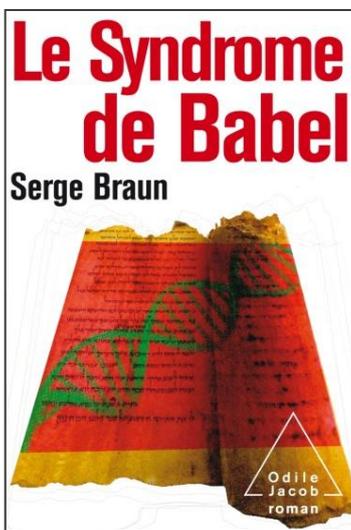
Serge BRAUN

The Babel Syndrome

A scientific and historical thriller

A
Scientific
Novel!

Serge Braun, is a specialist in neuromuscular diseases. His function as scientific director of the Telethon frequently leads him to popularize his subject, which has now resulted in this scientific novel.



Serge Braun, geneticist and scientific director of the AFM-Telethon, knows that science is best explained through fiction. With this he brings us a historico-scientific thriller, in which a search for the “Talking Gene” crosses and re-crosses the search of the Dead Sea Scrolls.

It all begins with the emergence of a mysterious sickness, the “Babel Syndrome”, which is manifested through the progressive loss of the power of speech and whose genetic causes fascinate scientists. In parallel, the decoding and Dead Sea Scrolls, like DNA written in four letters, results in... a genetic code, that of the FOPXP2 gene, or “Talking Gene”, identified in 2001 and responsible for our capacity to master complex language functions. This gene appeared in Homo Sapiens some 300000 years ago and gave him a considerable evolutionary advantage. One can imagine the global catastrophe that would be caused by its loss through a viral pandemic.

A businessman fascinated by archaeology, a biologist couple, a spy, a rabbi and a “biohacker” carry the intrigue to its conclusion at a frenetic pace. This genetic Da Vinci Code is also truly popularising text which allows itself a few diversions into philosophy and ethics.

- **A “scientific novel” which reads... like a novel and teaches us a lot about science.**
- **A reflection on the links between molecular heredity and human behaviour: it takes a special gene to acquire language!**
- **A philosophical reflection on the links between science, religion and more broadly the various areas of culture**

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